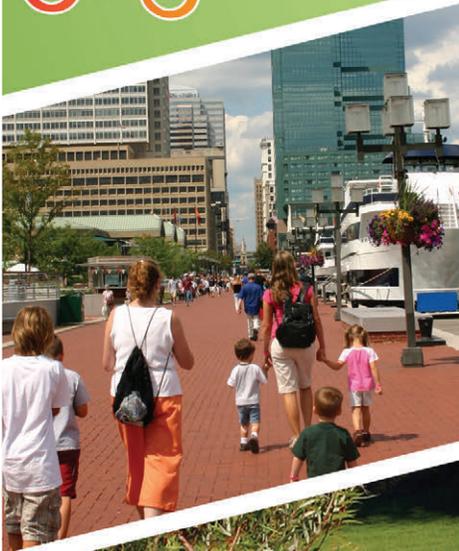




MARYLAND TWENTY-YEAR BICYCLE & PEDESTRIAN MASTER PLAN

NOVEMBER 2013

DRAFT



Acknowledgements

The Maryland Bicycle & Pedestrian Twenty Year Master Plan is a Maryland Department of Transportation (MDOT) document. It has been prepared by MDOT, in coordination with multiple State agencies, and other community and regional stakeholders.

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Photos: All photos are by MDOT or consultant staff unless otherwise noted.



Secretary's Message and Executive Summary (to come)



NOTE: Page numbers are FPO, to be finalized after inclusion of remaining content.

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in the final version.



1. Introduction

Walking and bicycling are fundamental to life in Maryland. One of the most densely populated states in the country, Maryland is poised to become the best state for walking and bicycling in the nation. The wide-ranging benefits of cycling and walking for transportation can affect all areas of our state: creating more healthy and prosperous communities, and reducing congestion and air pollution on Maryland's many crowded roadways. In Maryland's larger urban settings, such as Baltimore City and Ocean City; in urbanizing suburbs, such as Rockville Pike and the Route 1 Corridors; in traditional small cities, like Frederick, Annapolis, and Cambridge; and in the state's many historic towns from Westernport and Boonesboro to East New Market and Snow Hill., Marylanders walk and bike to reach jobs, restaurants, shopping, transit hubs, and entertainment. Hundreds of miles of paths and trails along Maryland's shoreline, natural areas and historic rail corridors offer scenic walks and rides for both visitors and residents.

Purpose of the Plan

The Bicycle and Pedestrian Master Plan (Plan) establishes a 20-year vision for making walking and bicycling as an integral part of Maryland's transportation system. As established in the Bicycle and Pedestrian Access Act, the Maryland Department of Transportation (MDOT) is required to develop the Bicycle and Pedestrian Master Plan to help systematically direct resources to bicycle and pedestrian projects.¹ In keeping with statute, development of this Plan proceeded alongside efforts to update the Maryland Transportation Plan, which serves as MDOT's overarching policy document. Updated on a five-year cycle, the 2035 Maryland Transportation Plan (2035 MTP) helps establish the core context in which the bicycle and pedestrian initiatives will be pursued. Developed in

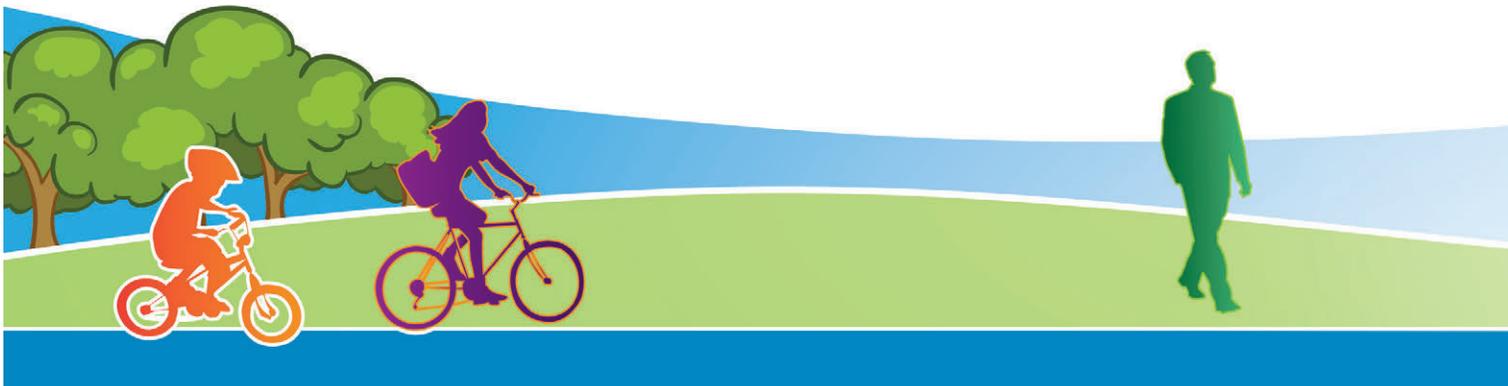
close coordination with the 2035 MTP, this Plan focuses on creating a strategic framework to guide MDOT's policies and actions towards a more walkable, bikeable future.

MDOT adopted its first statewide Bicycle and Pedestrian Access Master Plan in 2002. This Plan updates that plan and aims to build on the foundation it established to provide a path forward for advancing bicycling and walking in Maryland.

This Plan helps shape MDOT's contribution toward the realization of broader State policy goals and initiatives. Bicycle and pedestrian activities are integrally related to MDOT's collaboration with other state and local agencies on issues of land use, economic development, health and the environment. The Plan initiatives support broader efforts to comply with the State Economic Growth and Resource Protection and Policy Act, as well as other state statutes and initiatives such as the Greenhouse Gas Reduction Act, the statewide land use plan (PlanMaryland), and the Sustainable Communities Act of 2010.

The Plan is particularly focused on helping advance the transportation element of the State's mandated Economic Growth, Resource Protection and Planning Policy. Updated in 2009, this policy reflects the State's continued commitment to develop and implement sound growth and development policies, and highlights the importance of transportation choice in realizing this vision. Accordingly, the 2035 MTP emphasizes a balanced, multimodal and multidisciplinary approach to transportation.

Consistent with MDOT's vision and mission, this Plan seeks to build on recent successes and to help advance a comprehensive, multimodal approach to bicycle and pedestrian improvements. The Plan presents a next



MDOT's mission and vision: "To provide a well-maintained, sustainable and multimodal transportation system that facilitates the safe, convenient, affordable, and efficient movement of people, goods, and services within and between population and business centers"

step toward implementing the State's recently adopted Complete Streets policy, by outlining strategies to ensure that bicycle and pedestrian needs will be routinely considered as part of all projects, while also maintaining resources devoted to pedestrian and bicycle-specific projects. With coordination and enhanced partnership at state, regional, and local levels, the Plan sets out initiatives that can help Maryland realize its potential to become the best state in the nation for walking and biking.

Supporting Walking and Biking

MDOT recognizes bicycle and pedestrian facilities as an integral element of its broader multimodal transportation network. Within MDOT, responsibilities for supporting biking and walking exist across modal administrations, primarily resting with the State Highway Administration (SHA), Maryland Transit Administration (MTA), Motor Vehicle Administration (MVA) and Transportation Secretary's Office (TSO). MDOT encourages collaboration between modal administrations and strives to provide coordinated, multimodal solutions that balance the needs of all users.

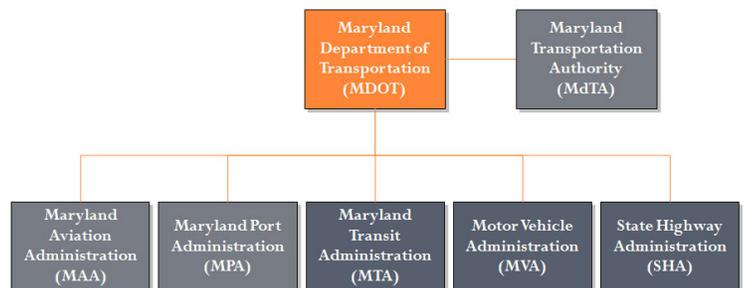
This Plan also acknowledges, however, that many actors and agencies have major roles to play in realizing the State's potential for bicycle and pedestrian transportation. Commitment to walking and biking

by Maryland's local governments is particularly critical, and many are leading the way. While seeking new ways to empower local and regional actors to take action to support walking and biking, MDOT's focus in this Plan is to develop strategies and initiatives that are appropriate and specific to the State transportation agencies responsibilities and roles. Without assuming or assigning specific roles on specific projects, the Plan outlines several initiatives that will help strengthen collaboration and promote the productive engagement with key partners.

Planning Process

This Plan aims to build upon recent successes and provide a path forward for supporting walking and biking. Much has changed since MDOT adopted its first statewide Bicycle and Pedestrian Master Plan in 2002. MDOT has advanced its policies and programs to support biking and walking; local plans have been adopted and interest has grown; walking and biking are increasingly recognized as desirable community elements to support improved health, quality of life, property values, increase affordable transportation choices, and tourism; and bike share systems have launched in Maryland. In addition, several bicycle laws have changed. Motorists passing cyclists are now required to give at least 3 feet passing distance. Bicyclists are no longer required to ride within highway shoulders, are no longer required to be equipped with bells, and more Marylanders are choosing to bicycle, walk and use transit to get between home and the activities of daily life. Appendix A provides an overview of Maryland's Bicycle and Pedestrian Laws.

The development of this Plan involved an assessment of current conditions for biking and walking, and the progress made since 2002. Plan development also



MDOT Modal Administrations



Benefits of Walking and Bicycling

Walking and biking offer tremendous potential to help address key transportation challenges facing Maryland. The ability to bicycle or walk to various destinations contributes to quality of life, economic opportunity, and quality of the environment in numerous ways. Active transportation is healthy and affordable, and having more pedestrians and bicyclists on roadways makes these activities safer for each participant. Air pollution from auto emissions is reduced when people choose to walk or bicycle, which improves the environment and health for everyone. When surveyed, Maryland residents expressed a preference for bicycle facilities and sidewalks near their homes, and businesses also benefit from easy access by walking and biking.

- ◆ **Cleaner Air** - Air pollution from auto emissions is reduced when people choose to walk or bicycle, which improves the environment and the health of everybody.
- ◆ **Cleaner Water** - Biking and walking require less paved space for roads and parking lots, which leaves more room for the kinds of green spaces that can filter our waters and leave them safe for our kids.
- ◆ **More Money** – Walking and biking can greatly reduce your transportation costs. A typical family that can save thousands of dollars a year by owning one less automobile per household.
- ◆ **More Time** – Less time in traffic jams. Biking and walking in some urban areas are often faster than other modes of transportation.
- ◆ **Better You** - Walking and biking are safe, simple and fun ways to be physically active and stay healthy. When done on a regular basis, walking and biking can help you burn calories and lose weight, reduce blood pressure, and strengthen your heart and lungs.
- ◆ **Reduce Congestion** - Shifting travel to walking and bicycling removes vehicle trips from the road and improves traffic conditions.

Bicycle and Pedestrian Master Plan Vision and Goals

The Plan's vision statement reflects the input of a wide range of stakeholders, as well as the policy direction provided by State law and the 2035 MTP. The vision statement summarizes the fundamental, long-term objectives for walking and bicycling in the State of Maryland.

*Maryland will be a place where bicycling and walking are **safe, practical and inviting** ways for people of all ages and abilities to complete their everyday travel. **Sound policy** will enable communities to craft the best solutions to their unique mobility and access challenges, and to reap the social, economic, health and environmental **benefits of expanded transportation choices**. **Smart prioritization and creative collaboration** will ensure **wise and effective** use of all State resources.*

◆ **Goal 1. Build Connected Networks**

Expand walking and bicycling networks, remove barriers, and enhance connections with transit and travel destinations.

◆ **Goal 2. Improve Safety**

Enhance pedestrian and bicycle safety to reduce injuries and fatalities and to make walking and biking comfortable and inviting.

◆ **Goal 3. Plan and Design for Everyone**

Effectively balance the needs of all transportation users to promote travel choices, ensuring that bicyclists and pedestrian needs are prioritized in appropriate locations.

◆ **Goal 4. Strengthen Communities**

Partner with local governments to support walkable and bikeable communities to achieve sustainability, livability, health, and economic benefits.

◆ **Goal 5. Promote Walking and Biking in Maryland**

Support walking and biking as everyday modes of transportation and recreation and vital elements of a livable community through encouragement, marketing, and information.

2. Plan Development Process

The planning process for this Master Plan began with an assessment of current conditions for biking and walking in Maryland, including a review of progress on implementation of the 2002 Maryland Bicycle and Pedestrian Master Plan. This assessment and ongoing dialogue with stakeholders throughout the planning process helped identify key issues, challenges and opportunities that were then organized into the goals, objectives, and strategies described in the following chapter.

Current Conditions

A general assessment was conducted of the quality of the State bicycle and pedestrian networks in Maryland by gathering data on bicycle and pedestrian travel, roadway characteristics, police-reported crash data, and MDOT policies and practices governing bicycle and pedestrian investments. This section of the Master Plan describes key findings. The complete assessment is provided as Appendix B of this Plan.

Pedestrian and Bicycle Travel

The levels of walk and bike commuting have increased substantially over the last decade, though the mode shares are still relatively small. Statewide, approximately 2.5% of Maryland commuters walk to work and 0.4% bike to work, ranking Maryland 29th and 37th in the United States based on the share of workers walking and bicycling to work.² Data about the amount of bicycling and walking for purposes other than commuting to work, such as running errands, visiting friends, or traveling to school is limited and no statewide data is available. Generally, research shows that bicycle and pedestrian modes are used more often for non-work related travel because these types of trips tend to be shorter. In Baltimore City, volunteer bicycle counts on several bicycle routes have shown a 65% increase in bicycle trips between September 2010 and September 2013.

Transit use is an important indicator of walking and biking in Maryland because transit is often accessed by walking and or bicycling. It is reasonable to assume that most transit trips are accompanied by at least one walk or bicycle access trip. Statewide, nearly 9 percent of Maryland commuters travel to work using transit.

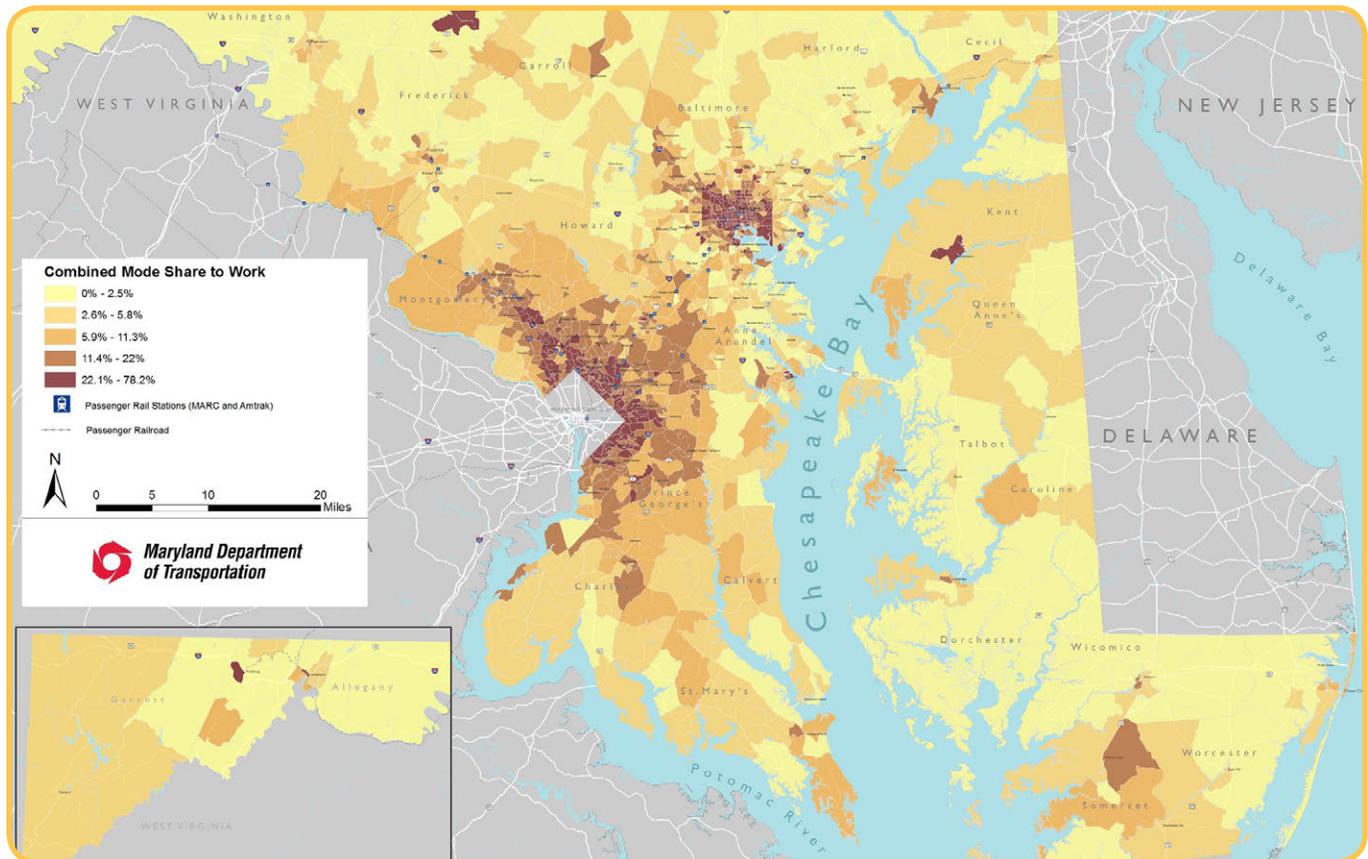
Key Accomplishments

The Maryland Bicycle and Pedestrian Access Master Plan of 2002 (2002 Plan) responded to increased public interest in walking and bicycling, as well as the State's "Smart Growth" goals, by engaging multiple public and community stakeholders to create a comprehensive guidance document for efforts to increase bicycle and pedestrian mobility. Some of the key accomplishments and ongoing activities since the 2002 Plan include:

- ◆ Equipped all MTA buses with bike racks.
- ◆ Completed statewide ADA compliance assessment, provided ADA training to State and local staff, and implemented ADA retrofit program.
- ◆ Created a Maryland Strategic Trails Plan.
- ◆ Established a Safe Routes to School and Maryland Bikeways grant funding programs.
- ◆ Launched Cycle Maryland to promote cycling opportunities and awareness.
- ◆ Adopted an SHA Complete Streets Policy.
- ◆ Created regional safety coordinator positions and SHA Pedestrian Safety team.
- ◆ Implemented policies to ensure routine accommodation of bicycles along State roads.
- ◆ Developed SHA Bicycle and Pedestrian Design Guidelines.
- ◆ Supported annual Street Smart campaign and developed safety and awareness materials.
- ◆ Completed several key projects including the Great Allegheny Passage trail, Woodrow Wilson Bridge shared use path, and Sister City Friendship bridge across I-270.

Combined bicycle, pedestrian and transit mode share tends to be highest in urban centers and around colleges and universities. The mix, density and design of land uses, as well as households without access to a private vehicle and many other factors influence walking, biking and transit use.

Bicycle, Pedestrian and Transit Mode Share to Work



group made up of State, regional and local staff and advocacy representatives. MDOT's modal administrations participated throughout the process and helped to develop the multimodal approach reflected in this Plan.

Existing Facilities

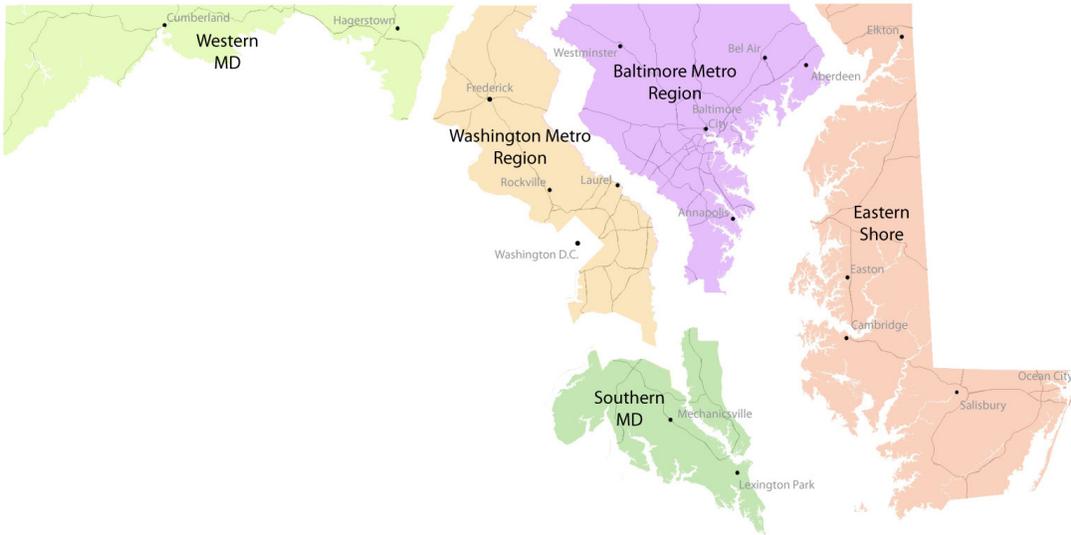
Bicycle Facilities

Bicycle facilities along State roads include marked bike lanes, shared lane markings, sidepaths, paved shoulders and shared lanes. In addition, all MTA core service buses are equipped with bike racks. MDOT uses the Bicycle Level of Comfort (BLOC) methodology to assess bicycle conditions on State roadways. BLOC, a nationally-recognized methodology to assess conditions by assigning roadway segments a letter grade based on the following roadway characteristics: outside travel lane width, shoulder or bike lane width, speed limit, traffic volume, truck volume, pavement condition and presence

of on-street parking. This methodology has allowed the State to assess existing bicycle conditions and to compare roads to each other using a set of consistent factors statewide. SHA works to achieve a level of D or better for at least 80% of eligible State roadways.² As of 2013, 79% of eligible State roadways had reached this threshold. Approximately 67 miles of bike lanes currently exist on State roads.

The most difficult conditions for bicycling (BLOC E-F) typically occur along urban roadways in part due to high traffic volumes. BLOC scores for rural roadways are considerably better than for urban roadway, although some State roadways serving as major connectors within rural areas, such as Route 40 in Frederick county and Route 50 south of Queenstown on the Eastern Shore, also have low BLOC scores.

Many stakeholders mentioned that even isolated obstacles along popular bicycle routes can disrupt the connectivity of the network and cause significant detours and safety concerns. In response, this Plan includes



This map shows the regions identified in the 2035 MTP.

State Road Bicycle Level of Comfort by Region

| Regions | Average | BLOC | | | | | |
|-------------------|---------|--------|-------|-------|-------|-------|-------|
| | | A | B | C | D | E | F |
| Western Maryland | B | 46.26% | 17.8% | 15.0% | 12.5% | 6.5% | 1.9% |
| Washington Metro | D | 22.3% | 4.5% | 11.1% | 21.2% | 29.6% | 11.3% |
| Baltimore Metro | C | 29.2% | 8.2% | 12.3% | 21.0% | 20.4% | 8.9% |
| Southern Maryland | C | 35.8% | 13.2% | 11.7% | 25.9% | 8.1% | 5.2% |
| Eastern Shore | B | 43.0% | 20.3% | 16.8% | 12.2% | 4.8% | 3.0% |
| Maryland | C | 34.6% | 12.9% | 13.7% | 18.0% | 14.5% | 6.3% |

goals and objectives that focus on providing network connectivity, especially in high demand areas. In response, this Plan includes goals and objectives that focus on providing network connectivity, creating key linkages, and closing gaps in the bicycle and pedestrian network.

Pedestrian Facilities

The majority of sidewalks on State roadways are located in urban areas or commercial areas along rural roads (ex. main streets in rural towns). Approximately 821 miles of sidewalks currently exist along State roadways. Approximately 21% of directional miles of eligible State roadways in urban areas currently have sidewalks. A range of factors affect whether a State road has a sidewalk along it today. These factors include location within a Priority

Funding Area, available right-of-way, the willingness of local government or adjacent property owners to agree to maintain a sidewalk, the type of terrain and physical features, the nature of adjacent development, and local regulations related to sidewalks. By State law, SHA does not maintain sidewalks. Counties and local municipalities govern the provision and maintenance of sidewalks on State roadways through local ordinances. In some communities, local laws transfer maintenance responsibility to adjacent property owners.

Great progress has been made in recent years in upgrading sidewalks along State roadways to comply with the Americans with Disabilities Act (ADA) Accessibility Guidelines. SHA and MTA have been proactively reconstructing sidewalks, crossings, and

Sidewalks on State Roads by Region

| | Miles of Sidewalk along State Roadways | Percent of Sidewalks Compliant with ADA | Percent of Urban State Roads with Sidewalk |
|-------------------|--|---|--|
| Western Maryland | 43.73 | 56.07% | 5.50% |
| Washington Metro | 400.36 | 63.38% | 30.97% |
| Baltimore Metro | 226.8 | 61.68% | 14.90% |
| Southern Maryland | 36.59 | 58.45% | 13.70% |
| Eastern Shore | 114.11 | 62.14% | 14.11% |
| | | | |
| Maryland | 821.57 | 63.24% | 21.10% |

transit facilities that were built before ADA, to comply with the law. As of December 2012, 63% of sidewalks; 33.5% of curb ramps; 59.1% of bus stops; 36.8% of driveway crossings; and 69.1% of medians along State roads were ADA compliant. SHA is continually making ADA related improvements to meet its goal of full compliance on all sidewalks along State roadways. ADA regulations do not require public roads that do not have sidewalks to be accessible.

Objectives and strategies in this Plan include initiatives to provide assistance to local governments in connecting State and local pedestrian facility networks and reinforce best practices to increase development of sidewalks along State roadways.

Transportation Trails

The 2009 Statewide Trails Plan identified approximately 780 miles of transportation trail facilities throughout the State. These transportation trails, or shared-use paths, are designed to be a part of a transportation

system, providing off-road routes for a variety of users. Approximately 515 miles (66%) are located within urbanized and suburban areas along the corridor between Washington DC and the City of Baltimore. Major trails, such as the C&O Canal Trail, the Anacostia Tributary Trails, and the Capital Crescent Trail are important pathways for biking and walking in Maryland. Shared-use paths offer important alternative to higher speed roadways that stakeholders reported were very important to encouraging broader participation in walking and biking.

Maryland also has extensive networks of recreational trails, which MDOT supports through the National Recreational Trails program. Recreational trails are largely designed for pedestrians and other users for outdoor recreational purposes, and may not be designed with a transportation focus.

Shared-use paths and trails are important assets in rural areas, where economic development associated with bicycle tourism can be significant. For example, a 2008 study measuring the impact of the Great Alleghany Passage on local economies estimated that on average one-quarter (25.5%) of the revenue businesses received in 2007, was attributed to the existence of the area's biking/hiking trail.³

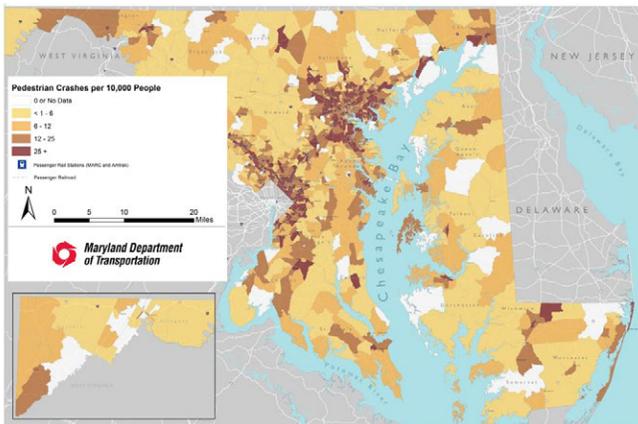
“Cities with 10 percent more bike lanes or paths have about 2 percent to 3 percent more daily bicycle commuters.”

How to Increase Bicycling for Daily Travel

Safety

Pedestrian and bicycle safety are key focus areas for MDOT and its modal administrations. The 2011 Maryland Strategic State Highway Safety Plan and Business Plan include goals to reduce the number of pedestrian injuries and fatalities. The number of bicycle and pedestrian crashes have steadily decreased throughout Maryland; however, the number of crashes is still concerning.⁴ While the number of annual pedestrian related crashes decreased by 19 percent between 2006 and 2011, the

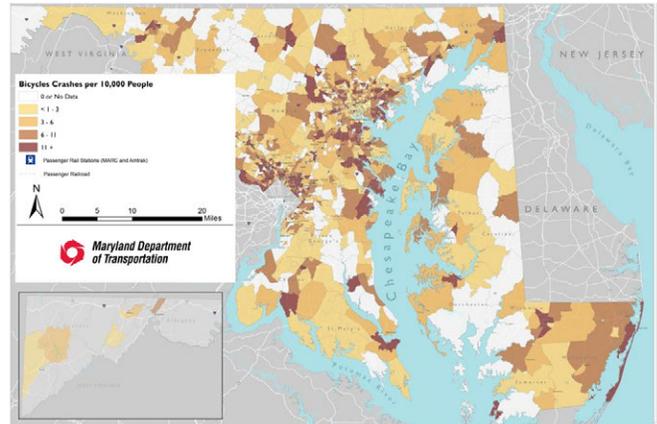
Statewide Pedestrian Crashes 2006-2011



number of pedestrian fatalities increased by 9 percent.⁵ In 2010, the pedestrian fatality rate in Maryland was 27% higher than the national average.⁶

Pedestrian and bicycle crash data were reviewed to identify the geographic distribution of pedestrian crashes throughout the State. The majority of bicycle and pedestrian crashes occurred in the most densely populated parts of the State, both in the metropolitan areas and smaller towns and cities. From 2006 through 2011, the number of bicycle related crashes decreased

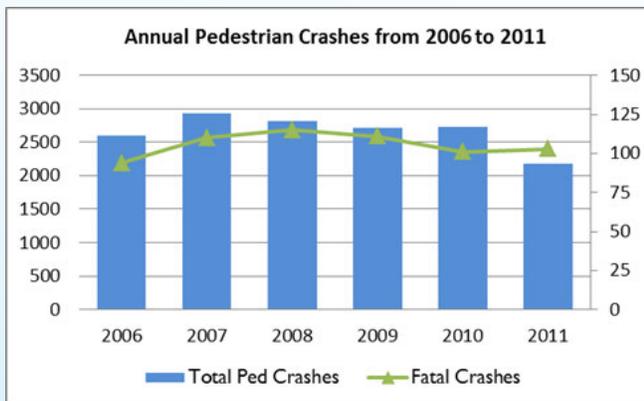
Statewide Bicycle Crashes 2006-2011



Traffic crash data is collected by state or local police who respond to any incidents. Bicycle and pedestrian crashes that do not involve a motor vehicle, are not reported to police, or take place in locations other than public streets are not included in this data set.

These maps only show crashes that are geo-located. The majority of crashes located within the City of Baltimore are not geo-located to a specific crash site. The crashes within the City of Baltimore have been assigned proportionally to each census tract. For other city and county jurisdictions within the state the data set includes crashes that are geo-located, and those that can only be assigned to the jurisdiction as a whole. Outside of the City of Baltimore, these non-geo-located crashes are not factored into this analysis and are not represented on the map.

Source: Maryland Automated Accident Reporting System (MAARS). Data only includes crashes documented in Police Reports. The data has not been verified on a site specific basis and may contain inaccuracies.



Pedestrian and Bicycle-Friendly Zoning Regulations

The City of Laurel adopted a Unified Land Development Code in July 2011 to consolidate its zoning, subdivision, forest conservation, and other development-related regulations. Through this process, the City added specific requirements for accommodating pedestrians and bicyclists in all new developments. These changes are intended to provide Laurel residents and visitors alternate choices for getting around town.

- ◆ **Traffic Impact Studies** - requires developers to evaluate conditions for bicycle and pedestrian trips generated to and from a proposed development, rather than only auto trips.
- ◆ **Driveways** - reduces and/or consolidates the number of driveways in redevelopment projects, thereby reducing conflict points for autos, bicycles, and pedestrians.
- ◆ **Block Length** - limits block length to 500 feet (down from 1,400 feet) to improve walkability and reduce out-of-direction travel.
- ◆ **Traffic Calming** - prohibits dead-end and cul-de-sac street developments to improve multimodal connectivity.
- ◆ **Dead-end Streets** - requires developers to evaluate conditions for bicycle and pedestrian trips generated to and from a proposed development, rather than only auto trips.
- ◆ **Bicycle Parking** - requires new multi-family, office, and commercial developments provide bicycle parking.
- ◆ **Sidewalks** - requires sidewalks on both sides of all primary and secondary residential streets (previously required on only one side); establishes minimum sidewalk width of 6 feet.

These updates to Laurel's code are designed to improve safety and convenience for walking and bicycling, while supporting the City's economic development goals, which recognize the connection between walking and vibrant Main Street shopping districts.

by 16%, with the highest level of crashes occurring in suburban areas surrounding Washington, DC and the City of Baltimore, particularly in Anne Arundel, Baltimore and Prince George's counties.⁷ Ocean City also experienced significant number of crashes during the same period.

SHA has undertaken several initiatives to work toward reducing pedestrian injuries and fatalities in Maryland, including:

- ◆ Developed a process to prioritize high-pedestrian-incident locations.
- ◆ Created partnerships among state, regional and local stakeholders to develop action plans that address high-priority locations.
- ◆ Developed educational materials and campaigns to improve pedestrian and motorist awareness and behavior.
- ◆ Created a Pedestrian Safety Team to ensure continual focus and coordination with local jurisdictions on pedestrian safety issues.

Stakeholders providing input on this Plan highlighted the importance of improving safety data collection and dissemination. Some stakeholders also noted that State analysis of bicycle and pedestrian crashes could help identify best practice countermeasures. The Plan emphasizes the importance of maintenance and pavement quality for creating safe bicycle and pedestrian facilities, due to the sensitivity of these modes to potholes, grates, and other pavement disruptions.

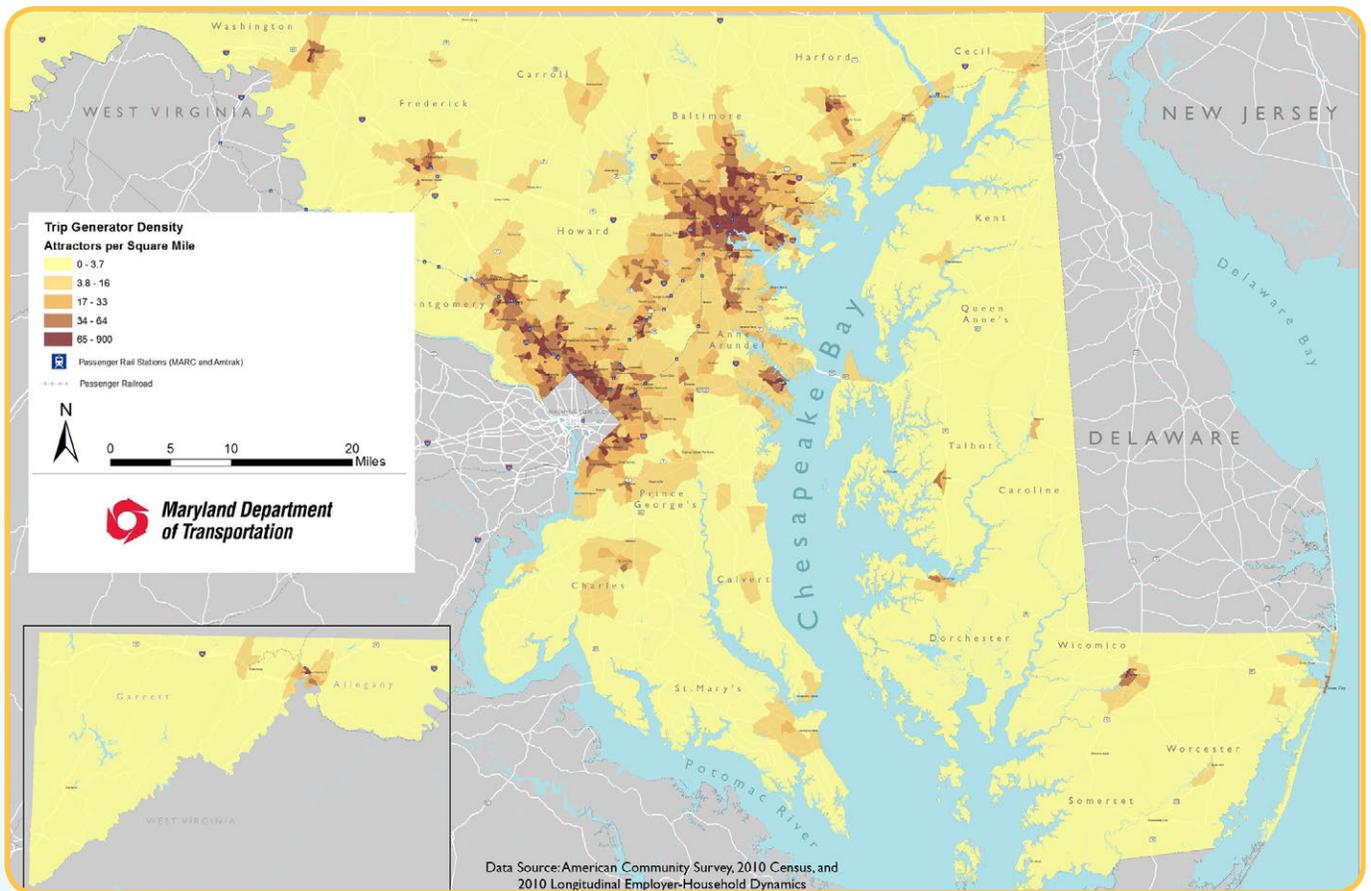
Land Use and Community Design

The variety of land use patterns and community characteristics across Maryland influence the demand and opportunity for biking and walking. Certain land uses, such as schools and parks, are particularly important generators of bicycle and pedestrian trips. While urban areas tend to have the highest levels of walking and biking, bike and walk activity and opportunities also exist in suburban and rural areas.

Bicycling and walking travel depend on the availability of safe, comfortable road and trail facilities as well as community design that bring travel destinations close



Activity Density



The Activity Density map shows an analysis that indicates the combined density of households, jobs, schools, transit stops and parks across Maryland. The map indicates high activity areas where there is likely to be more walking and biking activity.

together so that biking and walking are practical options. Much of the walking and bicycling throughout the State tends to occur in geographic locations with varied land uses and a concentration of activities. Other elements of community design, such as urban design, public safety and land use mix also play important roles in supporting bicycling and walking travel.

Automobile-centric land use patterns, typical of mid and late-20th century development pose major challenges in promoting bicycling and walking. Many work trips are simply too far, distance-wise, for travel by biking or walking alone. Fortunately new mixed-use and transit oriented development plans are beginning to emerge, thus providing new opportunities for increasing walking, bicycling and transit activity while reducing dependence on auto travel.

Stakeholders providing input on this Plan often emphasized the importance of recognizing and responding appropriately to the different types of biking and walking activity in communities across the State. Longer distance road cycling and walking within historic town centers are the primary walking and biking activities in rural areas, while short-distance utilitarian walking and cycling are much more common in urban areas.

Bicycle and Pedestrian Funding

As described below, some of the funding directed to bicycle and pedestrian projects is managed directly by MDOT and its modal administrations for improvements to State roadways, while other funds are provided as grants to local jurisdictions and partners that can be used for local road or trail projects. MDOT also works with local jurisdictions and sister agencies to promote cycling and walking as a means to address broader economic, environmental and quality of life goals.

MDOT funds bicycle and pedestrian improvements through both dedicated funds for bicycle and pedestrian infrastructure and as an integral part of broader transportation projects. Integrating bicycle and pedestrian elements fully into all projects is critical for developing integrated complete multimodal transportation system,

and often results in more efficient use of resources. For example, under SHA's bicycle policy, bike lanes will be striped wherever possible during resurfacing maintenance projects. Additionally, as part of MTA station improvement projects, improved bicycle amenities and upgrades to make stations ADA compliant are included. While these SHA and MTA project examples are often not itemized as bicycle and pedestrian investments, they represent important contributions for implementing this Plan.

Current bicycle and pedestrian related funding programs administered by MDOT as grant programs include:

- ◆ **Transportation Alternatives** – SHA administers the federal Transportation Alternatives Program to fund projects that enhance the cultural, aesthetic, historic, and environmental aspects of the intermodal transportation system. MAP-21 reshaped the Transportation Enhancements Program into the Transportation Alternatives Program, making the Safe Routes to School Program part of the Transportation Alternatives Program and giving regional planning organizations some authority to select projects for funding. Funding for the Transportation Alternatives Program is set by the federal surface transportation authorization, which currently directs approximately \$11 million annually statewide. There is no dedicated funding for Safe Routes to Schools projects, but these projects are eligible for funding under the Transportation Alternatives Program.

Example Project: Over \$1.4 million is allotted for a hiker/ biker multi-use trail along the St. Mary's County railroad right-of-way. The completed trail will connect the Charlotte Hall Library, the St. Mary's County Farmers' Market, the Charlotte Hall Veterans Home and links the villages of New Market and Charlotte Hall.

- ◆ **National Recreational Trails** – An ongoing Federal Transportation program administered by SHA that funds construction and maintenance of recreational trail facilities in communities across Maryland. The current Federal Transportation Authorization sets aside about \$1 million per year for this program.

Example Project: The Catonsville Rails to Trails group was recently awarded \$30,000 to build a walking and bicycling trail along the former Short Line Railroad route connecting the center of Catonsville with Charlestown Retirement Center.

- ◆ **Maryland Bikeways Program** – State-funded program administered by MDOT provides grants for technical assistance a wide range of bicycle network improvements. The program launched in 2011 and invests approximately \$3 million per year.

Example Project: The Maryland Bikeways Program partially funded over two miles of on-road bikeways that improved bicycle network connections in downtown Salisbury, MD.

- ◆ **Maryland Bikeshare Program** – The Maryland Bikeshare Program provides grants to communities interested in adding a bikeshare system.

Example Project: In FY 2013, approximately \$1,008,000 was awarded for implementing a bikeshare program in Montgomery County.

Current MDOT funding programs focused on supporting bicycle and pedestrian improvements on State facilities include:

- ◆ **Sidewalk Retrofit** – SHA will invest \$28 million over the next six years in sidewalk construction along state roads to improve mobility, reduce public safety risks,



and remove barriers to easy movement of citizens. Projects are generally conducted at the request of local government, but may also be a response to high incidents of pedestrian-related crashes.

Example Project: SHA is constructing a new sidewalk on Wisconsin Avenue (MD 355) in Montgomery County to improve safety and comfort. The project also includes landscape improvements and construction of two retaining walls.

- ◆ **ADA Retrofit** – Sidewalk reconstruction projects are intended to upgrade pedestrian facilities to meet the Americans with Disabilities Act (ADA) guidelines and SHA's Accessibility Policy. SHA has programmed approximately \$83.6 million over the next six years toward this program, which funds reconstruction of existing sidewalks along state roads to bring them into compliance with Federal guidelines. Projects within ½-mile of transit stops, schools, hospitals, libraries, government facilities, and senior centers and in areas with high pedestrian crash history are prioritized.

Example Project: SHA recently upgraded the sidewalks on Old Georgetown Road in Bethesda to address issues with narrow widths, cracks, steep cross slopes, ADA ramps, and inaccessible bus stops.

- ◆ **Bicycle Retrofit** – SHA funds small-scale on-road improvements on state roads to improve bicycling conditions, targeted toward projects that can be completed quickly and without the need for permits or right-of-way acquisition.

Example Project: SHA is currently constructing over \$500,000 in bicycling improvements on MD 543 from Gilmer Way to Church Creek Road in Harford County.

- ◆ **Pedestrian Access to Transit** – SHA and MTA collaborate to provide safe, ADA-compliant access for pedestrians to public transportation stations along state highways in the amount of \$4.2 million over the next six years.

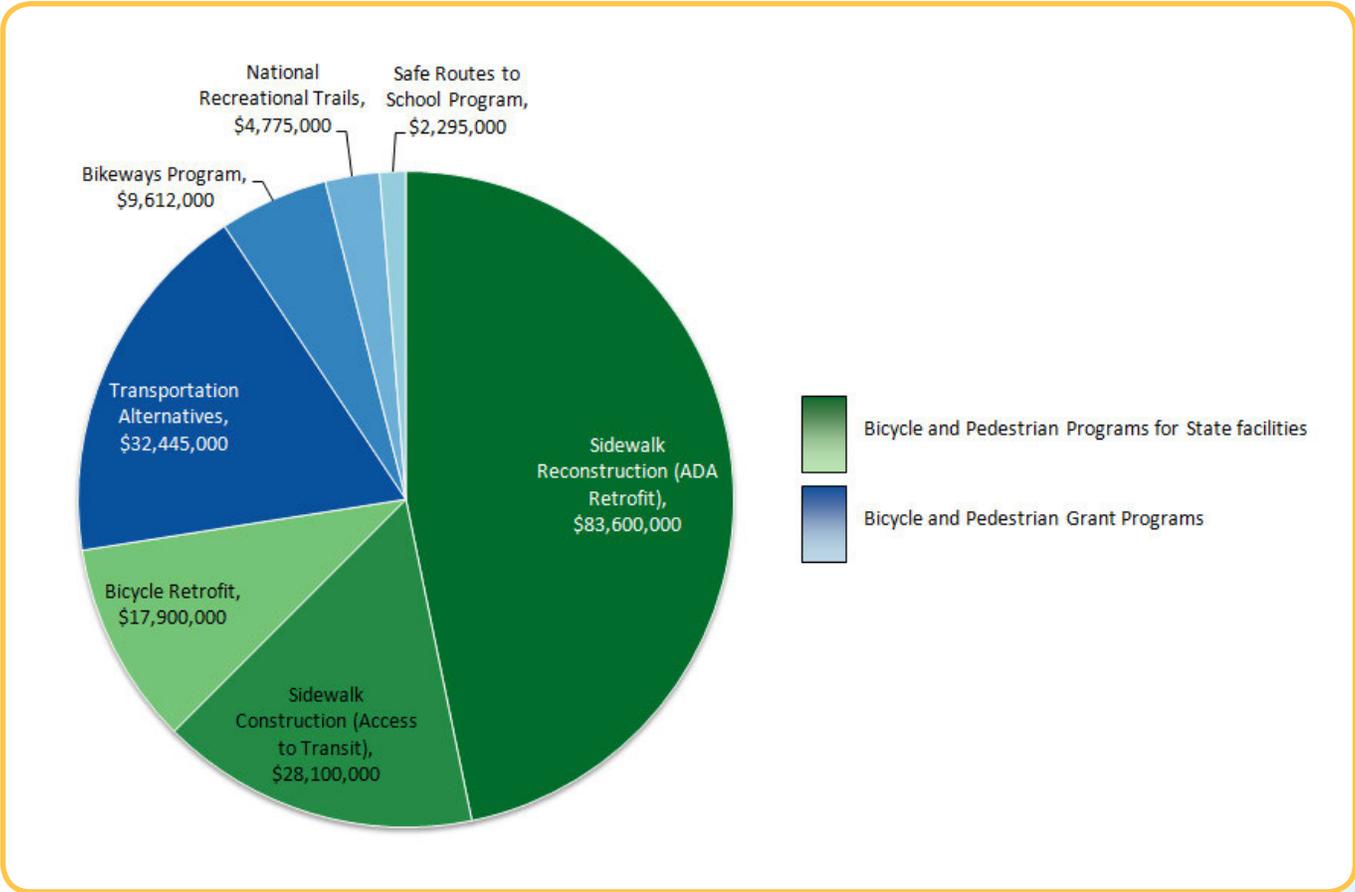
Example Project: The State recently reconstructed sidewalks, ramps, median treatments, and driveway entrances along MD 450 in Annapolis to create a clear pedestrian route to all local bus stops. The bus stops

A large proportion of available funding for bicycle and pedestrian projects, is guided by the current federal authorization for transportation, entitled, Moving Ahead for Progress in the 21st Century (MAP-21). Passed in 2012, MAP-21 reorganized several federal funding programs, and consolidated several previously separate sources, such as Safe Routes to Schools, under the broader umbrella now known as Transportation Alternatives. In addition to these sources, however, MDOT also directs funding towards bicycle and pedestrian infrastructure, from the State's Transportation Trust Fund.

MDOT invested more than \$283 million in projects to improve bicycling and walking conditions over the last decade. These investments have included updated bicycle and pedestrian accommodation standards for

new roadways, retrofitting existing roadways, improving crossings, adding bicycle and pedestrian facilities, and enhancing bicycle and pedestrian network connections to transit. Additional bicycle and pedestrian related improvements funded through broader programs may not be captured in this total. The proportion of total highway expenditures dedicated to bicycle or pedestrian programs increased from 2% to 4% over the same time period. MDOT has budgeted more than \$194 million for bicycle and pedestrian related projects between 2013 and 2018. Of this funding approximately \$49 million will be provided in grants, \$129 million will support improvements to State facilities through bicycle and pedestrian programs, and an estimated \$16 million will support bicycle and pedestrian improvements to State facilities through broader funding programs.

MDOT Bicycle and Pedestrian Program Funding Levels (2014-2019)



Public Involvement

Public involvement was an important part of the planning process for this Master Plan. Public input helped identify important issues and shape the priorities and direction of the Plan. A wide range of stakeholders provided input and direction on priorities, challenges, opportunities and experiences regarding walking and biking in Maryland. Specific groups engaged include cycling and walking advocates, State agencies, local governments, elected officials, public health officials, as well as public citizens. Outreach occurred statewide, with input from stakeholders in all regions. Below is an overview of key messages and specific strategies used to gather input from a wide variety of people with an interest in bicycle and pedestrian issues in Maryland. Detailed results of the public input process are available in Appendix C.

Listening to Stakeholders and Citizens

The public input process provided a wealth of useful information and dialogue about improving biking and walking in Maryland. Key messages communicated consistently included:

- ◆ Confirmed importance of biking and walking as a daily activity.
- ◆ Need for approaches to biking and walking improvements that are appropriate for their community context and the biking and walking opportunities that exist there.
- ◆ Desire to build and strengthen networks of biking and walking facilities. Recognizing that gaps and barriers limit the usefulness of current facilities.
- ◆ Desire for the State to provide leadership and assistance to local governments to promote walking and biking.
- ◆ Increase comfort and convenience for more types of users; need facilities that will appeal to more people.
- ◆ Need innovative approaches in more urban areas and corridors, where bicycle and pedestrian safety and comfort should be high priorities.
- ◆ Continue education, awareness, enforcement and engineering changes to improve safety.

Advisory Group

MDOT formed an Advisory Group for the planning process comprised of bicycle and pedestrian advocates, local government representatives and other State agency representatives. Several members of the Maryland Bicycle and Pedestrian Advisory Committee (MBPAC), a group appointed by the Governor to advise on a wide range of pedestrian and bicycle issues, participated in the Advisory Group. This group met several times and provided advice and direction to guide development of the Plan. The Advisory group also helped share information about the planning process across the State.

User Survey

A bicycle and pedestrian user survey was conducted to understand who is biking and walking in Maryland and to gain insight from the experience and perspectives of Maryland's diverse residents and visitors. Over 3,300 participants responded to the survey over the 10-week period it was available on the project website. The User Survey responses indicate strong desire for improved bicycle and pedestrian infrastructure, as well as safety and education improvements. Missing or poor quality pedestrian facilities was cited as the most common

User Survey Results Highlights

- ◆ People are walking (57% of respondents) and biking (40% of respondents) for everyday trips; would do so more if facilities and safety are improved.
- ◆ Top obstacle to walking was gaps or missing sections of sidewalks or paths (66% of respondents).
- ◆ Top obstacle to cycling was motorists do not exercise caution around cyclists (84% of respondents).
- ◆ Top improvement needed for both walking (ranked 4.4 out of 5.0) and cycling (ranked 4.5 out of 5.0) was more facilities that connect to major destinations.
- ◆ Improving safety for walking and biking is a top priority (ranked 4.4 out of 5.0).

obstacle to walking and improving infrastructure was rated as the top priority for improvement .

Stakeholders Interviews

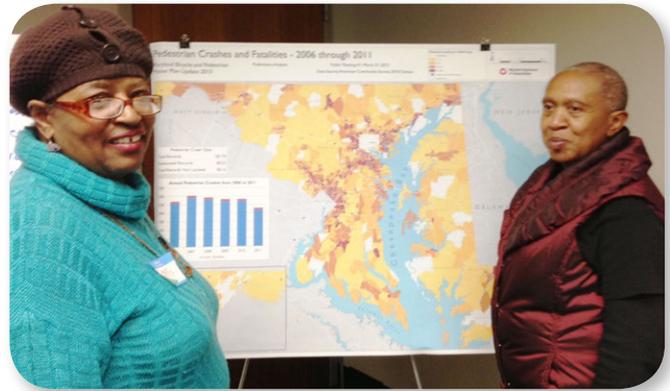
Numerous stakeholder interviews were conducted with local governments, agency professionals, and advocates around the State. While discussions with these interested parties were wide-ranging, several important themes emerged.

Local governments emphasized that there is a great deal of bicycle and pedestrian planning ongoing within their jurisdictions. In particular, many efforts are focused on increasing participation in bicycling by reaching out to citizens who may not currently ride and developing facilities that offer a higher level of comfort. Shared-use paths and trails, which offer social and economic benefits for communities, have significant potential to increase participation in walking and bicycling for transportation. Western Maryland stakeholders emphasized the importance of trails and shared-use paths as the primary walking and biking resources in the region, where most arterial roads are narrow and high speed. Local governments also recognized the importance of biking and walking facilities on State roads in connecting and completing local street networks.

Public Meetings

The first public meeting in support of Master Plan Update was held on March 21, 2013 at the University of Baltimore. The focus of the meeting was to introduce the public to the Plan update process and get feedback on the draft vision and goals of the plan. Attendees were also asked to provide input on the top priorities for improving biking and walking in Maryland. The meeting attendees reported general consensus around the draft goals offered for consideration by MDOT and identified extensive and varied strategies to meet the proposed goals.

The second public meeting was held on June 11, 2013 at the Rockville Memorial Library. After a presentation, meeting participants were asked to breakup into smaller groups to have discussions with staff members and a straw poll was conducted that asked participants to evaluate the identified objectives of the plan and list each individual's top eight objectives. An on-line version of



the straw poll let participants who could not attend the meeting vote for their top objectives.

A final public meeting will be held to present the Draft Master Plan Update at the Talbot County Free Library in Easton on November 13, 2013.

Straw Poll Results

A straw poll was conducted at the June Public Meeting, on-line, and at an Advisory Group meeting. The straw poll was a small survey that asked participants to identify the objectives they thought were most important from a longer list of draft objectives that had been developed for the Plan. The straw poll was designed to help indicate stakeholder priorities among the many types of bicycle and pedestrian improvements that the Plan includes. The results were not used to eliminate objectives, but instead helped to inform emphasis areas and priorities for implementation. A total of 292 ballots were received over the three outreach efforts. The top five objectives identified were:

- ◆ Address network gaps and physical barriers; build connected networks with continuous bicycle accommodations.
- ◆ Address key gaps in trail systems and improve integration of trails and on-road facilities.
- ◆ Provide assistance and/or incentives to local governments to improve biking and walking.
- ◆ Incorporate Complete Streets principles in all State transportation projects, and promote Complete Streets policies at the local level.
- ◆ Focus on improving bicycling and walking conditions in locations with the highest demand.

3. Goals, Objectives, and Strategies

The goals, objectives and strategies described in this section provide the strategic framework for developing and improving bicycle and pedestrian travel in Maryland over a twenty year period. While the Plan focuses on MDOT’s role in advancing the vision for walking and biking, it also recognizes the importance of collaboration and support to engage other key partners.

The Plan’s vision statement reflects the input of a wide range of stakeholders, as well as the policy direction provided by State law. The vision statement establishes the basic principles on which the goals, objectives and strategies were developed.

The five goals articulate key focus areas for advancing biking and walking that, taken together, will achieve the vision statement. The goals support the direction provided by the 2035 MTP and PlanMaryland, reflecting a community-based approach that recognizes that transportation needs and appropriate solutions vary across Maryland.

Several objectives and strategies are identified for each goal. The objectives are the conditions that mark progress toward each goal. The strategies are specific actions that can be taken at the State level to begin to accomplish each objective. An estimated timeline has been assigned for each strategy, and rough cost estimates are provided for the implementation of each goal. The planning-level cost estimates are based on standard assumptions about cost for various types of improvements and initiatives and projects currently in the pipeline. The strategies are specific actions that MDOT intends to pursue to accomplish each objective. Bicycle and pedestrian projects are often identified in local and regional plans, rather than statewide plans.

Costs are estimated and not for programming purposes.

Vision

Maryland will be a place where bicycling and walking are safe, practical and inviting ways for people of all ages and abilities to complete their everyday travel. Sound policy will enable communities to craft the best solutions to their unique mobility and access challenges, and to reap the social, economic, health and environmental benefits of expanded transportation choices. Smart prioritization and creative collaboration will ensure wise and effective use of all State resources.



Goal 1: Build Connected Networks

Expand walking and bicycling networks, remove barriers, and enhance connections with transit and travel destinations.

To support biking and walking, bicycle and pedestrian facilities need to form complete networks to connect people, as directly as possible, to their desired destinations. Walkers and bikers demand a safe and comfortable experience across the entire length of their journey. Due to the relatively low speed of these transportation modes, even small detours may significantly increase the amount of time required to make a trip. Planning for these modes requires careful consideration of complete networks, rather than individual facilities. For this reason, bicycle and pedestrian improvements should be targeted to fill gaps in network connectivity to have the biggest impact.

Network connectivity involves filling gaps in sidewalks and bicycle facilities along state roadways, as well as increasing attention to connections with local routes and trails. Careful attention to crossing state highways is critical, as these facilities tend to be the busiest and most uncomfortable places for walking and biking. Connectivity between biking and walking networks and transit is critical to enabling multimodal travel. While the State will continue working to improve bicycle and pedestrian conditions statewide, a community-based approach that increases focus on areas with the highest demand for walking and biking will leverage the greatest benefits.

Estimated Cost: \$1.2-2.0 billion (*not for programming purposes*)

Objective 1A: Develop connected and accessible networks of bicycle and pedestrian accommodations along state roadways.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Complete retrofits of existing facilities to achieve full ADA compliance of existing facilities to the maximum extent feasible. | | ✓ |
| 2. Identify and eliminate short gaps in existing sidewalk and bicycle transportation systems, including pinch points where bikeable shoulders disappear. | ✓ | |
| 3. Promote timely and effective coordination with utility companies (e.g., to relocate utility poles outside of sidewalk paths and encourage clear zones for possible future sidewalks). | | ✓ |
| 4. Develop strategies for addressing bicycle and pedestrian barriers created by limited access highways, free flow ramps, railroads, and major arterials. | ✓ | |
| 5. Improve bicycle facilities as part of routine maintenance and system preservation activities. | | ✓ |

Objective 1B: Improve integration of bicycle and pedestrian transportation with transit.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Support implementation of bicycle and pedestrian improvements as identified in station access and other plans. | | ✓ |
| 2. Provide covered bicycle parking spaces at rail transit stations and park & ride lots where demand for bicycle access exists or is likely. Provide high security bike parking at stations and lots where needed. | ✓ | |
| 3. Work with local governments, regional planning agencies, developers and transit agencies to build needed facilities along prioritized pedestrian routes within 1 mile of transit stops and park & ride lots, and prioritized bicycle routes within 3 miles of transit stops and park & ride lots. | ✓ | |
| 4. Support installation of bike share stations at transit hubs and other high demand locations, and incorporate siting guidelines into appropriate guidance documents. | ✓ | |
| 5. Support Transit Oriented Development (TOD) that is designed to improve bicycle and pedestrian access. | | ✓ |
| 6. Incorporate bicycle and pedestrian access, safety and comfort in bus stop location decisions. | | ✓ |
| 7. Evaluate and pursue policies that facilitate the accommodation of bicycles on transit vehicles. | ✓ | |

Objective 1C: Increase focus on areas with high potential for walking and biking trips

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Identify areas of the state with high potential for bicycle and pedestrian travel and tailor planning and design guidelines for these areas. | ✓ | |
| 2. Designate Bicycle Pedestrian Priority Areas (BPPAs) in coordination with local governments for focused planning, funding and intervention to improve bicycle and pedestrian networks. | ✓ | |
| 3. Increase coordination between road, transit and land development managers to enhance pedestrian and bicycle environments in high demand areas. | | ✓ |

Objective 1D: Improve linkages between shared-use paths and on-road facilities and address key gaps in transportation trail systems

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Prioritize completion of identified missing links in state and local transportation trail networks that enhance active transportation options. | | ✓ |
| 2. Work with local partners to improve access between existing shared-use paths and nearby roads, activity centers and communities by encouraging private sector participation, and coordinating signage and connector facilities. | | ✓ |
| 3. Improve bicycle and pedestrian access to major trails and public lands. | | ✓ |
| 4. Investigate innovative approaches to stormwater management appropriate for non-motorized public trails and shared-use paths. | ✓ | |
| 5. Engage utility companies/commissions about the use of utility corridors for shared-use paths. | ✓ | |

Goal 2: Improve Safety

Enhance pedestrian and bicycle safety to reduce injuries and fatalities and to make walking and biking comfortable and inviting.

Safety is paramount in all of MDOT's work. Pedestrians and bicyclists are particularly vulnerable users of the transportation system, and though pedestrian and bicyclist fatalities and serious injuries have decreased in recent years, improving safety must continue to be a priority. In addition, improving the perception of safety is also important to increasing levels of walking and biking. For Marylanders to consider walking or bicycling as a viable means of transportation, they must feel safe doing so. Providing appropriate facilities, educating the public on safe travel behavior, and promoting enforcement of traffic laws most likely to reduce crashes, injuries and fatalities are important steps toward this aim. Improving actual and perceived safety will continue to be a collaborative effort that must include state agencies, local agencies, law enforcement, advocacy organizations and the general public.

Improving non-motorized crash and injury data collection, analysis and report dissemination will help the state identify better safety strategies. This includes beginning to systematically collect crash and injury information from trail users, EMS and hospital emergency room reports. Continued education and training of professionals, other policy makers, and the public will improve safety by constructing safer facilities and improving behavior of all road users. Likewise, performing regular maintenance of bicycle and pedestrian facilities is critical for ensuring safety.

Estimated Cost: \$40-100 million (not for programming purposes)

Objective 2A: Improve education and training of professionals involved in bicycle and pedestrian safety.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. In cooperation with the Maryland State Police and other partners, continue to develop methods to ensure that Maryland's traffic enforcement officers receive adequate training about current bicycle and pedestrian laws and crash investigation protocols. | ✓ | |
| 2. Continue to incorporate bicycle and pedestrian safety in professional training opportunities and increase participation in bicycle and pedestrian safety audits. | | ✓ |

Objective 2B: Improve education and training of the public regarding safe driving, walking, and biking.

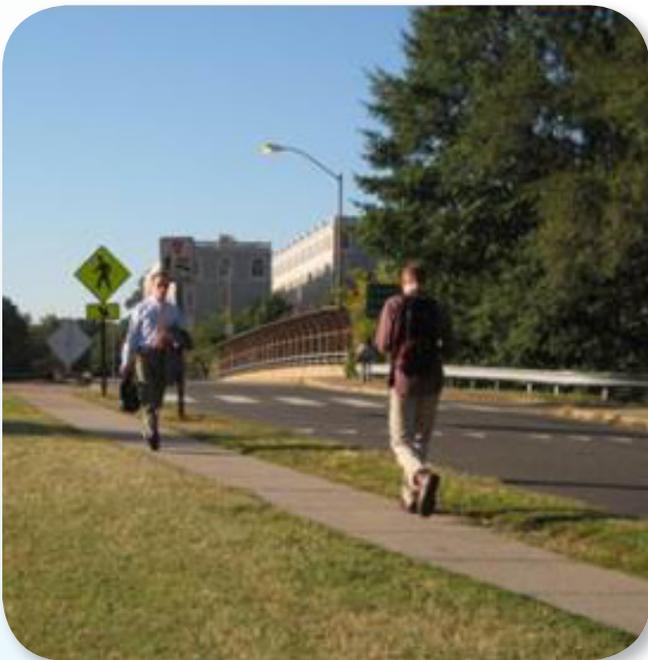
| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Continue public education for all road users about current laws and best practices for bicycle and pedestrian safety. | | ✓ |
| 2. Ensure that public and private driver training schools are providing correct and adequate training related to bicyclist and pedestrian safety. | | ✓ |
| 3. Ensure bus driver and commercial vehicle training includes bicycle and pedestrian related safety information | ✓ | |

Objective 2C: Use best practices to analyze bicycle and pedestrian crashes and identify countermeasures.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Incorporate new research and best practices for crash analysis, safety audit, and mitigation regularly. | | ✓ |
| 2. Work to increase and improve bicycle and pedestrian crash data available to support analysis by the State as well as local governments and stakeholders through the use of bicycle and pedestrian counts, user surveys, EMS and hospital reports as well as police reports. Work to improve data for crashes occurring on shared use paths. | ✓ | |
| 3. Develop and publish bicycle and pedestrian crash reports analyzing crash types, trends and other relevant data. | | ✓ |

Objective 2D: Ensure consistent operations and maintenance to provide safe access for pedestrians and cyclists.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Review maintenance and temporary traffic control protocols to ensure consistent, safe access for pedestrians and cyclists. | ✓ | |
| 2. Provide information on appropriate State and local contacts for reporting maintenance concerns. | | ✓ |



Goal 3. Plan and Design for Everyone

Effectively balance the needs of all transportation users to promote travel choices, ensuring that bicyclists and pedestrian needs are prioritized in appropriate locations.

Working toward an integrated, multimodal transportation system requires all modes of transportation be considered, respected and balanced appropriately as a routine part of all decision making. Maryland has been a leader among state transportation agencies in adopting this approach, beginning with Thinking Beyond the Pavement in the mid-1990s continuing recently with the adoption of a Complete Streets policy in 2012. Yet, there is much work to be done. Balancing user needs involves recognizing different opportunities and priorities available in different types of places, and prioritizing bicycle and pedestrian improvements accordingly. Also different subgroups of pedestrians and bicyclists (such as children, the elderly, inexperienced bicyclists, people with limited mobility, and others) may have different facility needs. Evaluating these needs comprehensively and striving to accommodate as many user types as possible is an important element of Complete Streets and critical to increasing walking and biking in Maryland.

As bicycle and pedestrian treatments continue to innovate and evolve, the State must keep abreast of the latest research and guidance. Tools for planning, design, and evaluation of bicycle and pedestrian facilities should be improved and shared broadly across agencies at all levels. Increasing funding over time will allow for greater implementation of walking and biking networks.

Estimated Cost: \$10-30 million *(not for programming purposes)*

Objective 3A: Strengthen evaluation of bicycle and pedestrian conditions to support multimodal decisions.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Enhance evaluation of the needs of “interested but concerned” cyclists, pedestrian comfort and expectations in different roadway environments and land use contexts. | ✓ | |
| 2. Refine design guidelines and policies to incorporate sensitivity to context and bicycle and pedestrian trip potential when balancing user needs in multimodal roadway environments. Consider potential performance measures to evaluate complete streets and context sensitive design process. | | ✓ |
| 3. Improve bicycle and pedestrian data collection, analysis and publication, including existing and planned facility mapping and non-motorized counts. | | ✓ |

Objective 3B: Increase professional capacity to effectively plan, design, implement and maintain infrastructure for bicycling and walking.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Expand support of training opportunities for transportation professionals and others regarding non-motorized transportation issues. | ✓ | |
| 2. Support and encourage educational opportunities for local leaders and elected officials as well as students in the transportation engineering and planning fields related to bicycle and pedestrian accommodation. | | ✓ |

Objective 3C: Increase use of innovative design solutions to enhance safety and comfort of bicycle and pedestrian users.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Encourage the use of existing processes to implement pilot projects on State roadways to test innovative design treatments such as cycle tracks, colored bike lanes, and new pedestrian crossing treatments, following a context sensitive design approach. | ✓ | |
| 2. Increase flexibility to implement alternative bicycle and pedestrian improvements beyond state facilities, where effective and appropriate. | ✓ | |
| 3. Leverage existing protocols to seek input from leading transportation planning and design professionals regularly to stay current with proven approaches to road design that make bicycling and walking safer and more attractive. | | ✓ |

Objective 3D: Leverage funding opportunities to improve bicycle and pedestrian networks.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Support bicycle and pedestrian facility improvements both as an integral element of all transportation projects as well as through dedicated funding for bicycle and pedestrian projects. | | ✓ |
| 2. Leverage local funding contributions and incorporate bicycle and pedestrian improvements by private developers through transportation impact mitigation processes where feasible. | | ✓ |



Goal 4: Strengthen Communities

Partner with local governments to support walkable and bikeable communities to achieve sustainability, livability, health, equity and economic benefits.

Walkability and bikeability of the places we live is widely supported by public health organizations for its benefits to community health both from increased activity and the potential for decreased pollution. It is often supported by citizens and neighborhood groups for the improvements to mobility choices and quality of life. Places that can support vibrant foot traffic also benefit local businesses, especially small businesses. This benefit comes not only in direct ways because of increased access by customers, but indirectly through the ability to capture disposable income not spent on owning and maintaining a vehicle, attracting workers that don't require covering the cost of driving, parking and added health care associated with a car-oriented lifestyle, and serving customers that don't require a parking space for their visit. The State can support local efforts to achieve these benefits by educating and sharing success stories, being flexible to support and encourage local efforts to improve bikeable and walkable environments.

These efforts can be direct, through assistance and incentives to local governments, or indirect, through supporting local planning efforts as stakeholders and property owners. The State can help improve coordination between agencies, with local governments, and with educational institutions. Improved outreach and engagement with the community on all projects is critical to supporting its goals and vision .

Estimated Cost: \$30-200 million *(not for programming purposes)*

Objective 4A: Provide assistance and incentives to local governments to improve biking and walking.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Provide funding support and technical guidance for the development of local bicycle and pedestrian plans and projects. | | ✓ |
| 2. Coordinate with regional and local partners on the development of a "reference library" to share successful bicycle and pedestrian policies and guidelines. | ✓ | |
| 3. Review, approve and adopt, as necessary, any professionally published bicycle, pedestrian, or urban design guidelines including NACTO, AASHTO, ITE, and others as soon as they become available. | ✓ | |
| 4. Encourage local jurisdictions to identify desired bicycle and pedestrian facilities in comprehensive plans, and then to secure those facilities through private development and other opportunities. | | ✓ |

Objective 4B: Improve coordination between state agencies, and with local governments to support bikeable and walkable communities.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Coordinate with local jurisdictions and other State agencies to promote and facilitate bike and walk friendly street design, placemaking and development (ex. parklets, bicycle parking, plazas, seating, etc.). | | ✓ |
| 2. Coordinate with partner agencies to implement complete streets and trails | ✓ | |
| 3. Promote siting and design practices that encourage biking and walking to public facilities (schools, medical centers, state offices, etc) and increase connectivity and access to and within adjacent neighborhoods. | | ✓ |

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 4. Lead by example by creating access and facility guidelines for State employment sites and educational institutions. | ✓ | |

Objective 4C: Support efforts to increase biking and walking to schools, colleges and universities.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Encourage local public school officials to support biking and walking to school, by providing reference materials, bike racks at schools and supporting bike-to-school day programs. | ✓ | |
| 2. Provide infrastructure that supports safe bike and walk access for students, faculty, staff and visitors. | | ✓ |
| 3. Work with Maryland's colleges and universities to comply with § 21-1008 (b) and increase walking and biking to and on campus. | | ✓ |

Objective 4D: Expand outreach and engagement in bicycle and pedestrian initiatives.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Increase outreach regarding funding opportunities and engagement in context sensitive project development and design. | | ✓ |
| 2. Promote innovative public involvement strategies for local and state projects, such as use of social media and text message surveys. | | ✓ |
| 3. Educate local leaders and elected officials on the benefits of biking and walking and opportunities for state support. | | ✓ |

Building Momentum for Bicycle Improvements in Baltimore City

The Baltimore City Department of Transportation has successfully leveraged limited resources to take concrete steps towards increasing the viability of bicycling as a form of transportation. In 2006, responding to resident's desire for improved bicycling facilities, the City developed a Bicycle Master Plan and initiated BikeBaltimore, the City's bicycle program.

While BikeBaltimore does do traditional planning and infrastructure projects, its most unique and successful initiatives have been based on leveraging a positive relationship with Baltimore's engaged bicycling community. Twice a year, the City coordinates volunteer bicycle volume counts to understand

patterns in bicycle use of facilities. This data is integral to planning and engineering bicycle facilities, and the City's use of volunteer hours and enthusiasm makes the most of limited staff and funding as it works to keep up with rapidly growing demand citywide.

City support for bicycling and grassroots advocacy includes regular participation in community riding events. The Mayor has participated in several of these monthly Baltimore Bike Party events, during which over a thousand riders ride about 10 miles on a new route through Baltimore City, the last Friday of each month.

Goal 5: Promote Walking and Biking in Maryland

Support walking and biking as everyday modes of transportation and recreation and vital elements of a livable community through encouragement, marketing, and information.

In addition to the perception that walking and bicycling are safe modes of transportation, feeling that they are enjoyable and encouraged can also help Marylanders consider these modes for certain trips. High quality information about available facilities, routes to important destinations, safe use of bicycle and pedestrian facilities, and recreational opportunities can also help both residents and visitors take advantage of the State's bicycle and pedestrian amenities and improvements.

Treating walking and bicycling as regular and expected modes of transportation with a broad diversity of participants can help improve perceptions. The State can provide better access to walking and bicycling information and wayfinding. It will also continue work to support Maryland's growing bicycle tourism industry.

Estimated Cost: \$20-100 million *(not for programming purposes)*

Objective 5A: Promote bicycling and walking as normal transportation modes that have a broad diversity of participants.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Develop public outreach and education programs with information about benefits of biking and walking, such as: safety, economic development, community livability, public health, and decreased traffic congestion. | ✓ | |
| 2. Develop marketing initiatives to promote bicycling and walking in key target audiences (eg. urban commuters, colleges and universities, employers, women, economically disadvantaged, non-English speakers). | | ✓ |
| 3. Support financial incentives for bicycle commuting in the Commuter Choice Maryland program. | ✓ | |

Objective 5B: Improve access to bicycling and walking information and wayfinding.

| Strategies | 2013-2018 | Ongoing |
|--|-----------|---------|
| 1. Develop print and electronic maps showing biking and walking facilities and ensure that information is consistent with signed bike routes. | ✓ | |
| 2. Notify the public during and shortly after construction of improved bike and walk facilities by posting signs at or near work sites. | | ✓ |
| 3. Improve wayfinding signage to better orient cyclists and pedestrians to pathways and amenities. Establish a statewide bicycle wayfinding sign system that addresses on-road and off-road routes, and state, regional and local route systems. | | ✓ |

Objective 5C: Support growth in bicycle tourism in Maryland.

| Strategies | 2013-2018 | Ongoing |
|---|-----------|---------|
| 1. Support the physical development and public awareness of major regional and national trails and bicycle routes that pass through Maryland. | | ✓ |
| 2. Support biking and walking improvements to help communities near major trails leverage economic benefits of trail tourism. | ✓ | |

Canal Towns and Trail Towns Partnerships

Towns along the C&O Canal and the Great Allegheny Passage (GAP) have joined the Canal Towns and Trail Towns partnerships. These partnerships provide tools to help towns along the trails leverage their proximity to the trail to economic development and community revitalization benefits associated with trail-based tourism.

The Trail Towns Program® is a project of The Progress Fund developed in conjunction with the Allegheny Trail Alliance (ATA). Participating towns, including Cumberland and Frostburg, have pages on the ATA website, www.ATAtrail.org, featuring easily accessible maps, directions, and lists of lodging, restaurants, and other amenities. In addition, the Trail Towns website, www.trailtowns.org, provides information for business owners and entrepreneurs to market and grow trail-related economic development along the GAP Trail. Information on the site includes business planning resources, available properties, market, and socio-demographic data about trail users, and information about financing opportunities through the program.

The Trail Towns Program advertises the following key actions for becoming a successful Trail Town:

- ◆ Enticing trail users to get off the trail and into your town.
- ◆ Welcoming trail users to your town by making information about the community readily available at the trail.
- ◆ Making a strong and safe connection between your town and the trail.
- ◆ Educating local businesses on the economic benefits of meeting trail tourists' needs.
- ◆ Recruiting new businesses or expanding existing ones to fill gaps in the goods or services that trail users need.
- ◆ Promoting the "trail-friendly" character of the town.
- ◆ Working with neighboring communities to promote the entire trail corridor as a tourist destination.

In addition, another website, trailtowns.org, has information for business owners and entrepreneurs along the GAP Trail. Targeted uses include restaurants,

hostels, campgrounds, outfitters, and bike shops. The site has information about business planning, available properties, market, and socio-demographic data about trail users, and information about financing opportunities through the program. Since the program's beginning in 2007, The Progress Fund has made 23 loans to Trail Town businesses, leveraging \$6.7 million in total investment.

The Canal Towns Partnership (CTP) was formed by a group of volunteers in 2009 with similar goals. The CTP seeks to assist the communities along the C&O Canal towpath in reaping the multiple benefits of trail-based tourism and recreation. The CTP focuses on economic development strategies and supporting communities that connect to the C&O Canal in becoming more bikeable and walkable. Representatives of the eight participating towns meet monthly to discuss visitor attraction strategies and collaborative marketing efforts and to explore ways to improve visitor services and amenities in their communities. Accomplishments of CTP to date include:

- ◆ A successful application for assistance from the National Park Service through the Rivers, Trails, and Conservation Association.
- ◆ Design and development of business directories in each community at the trail access point with business listings of services, a town map and historical information.
- ◆ Bike lanes developed, directional signage and bike racks installed in the towns.
- ◆ Coordinated wayfinding signage with the C & O Canal National Historical Park.
- ◆ Successful funding of a Canal Towns web site and Canal Towns brochures offering visitor services.

4. Implementing the Plan

Achieving the vision and goals of this Plan will require the continued commitment of MDOT and its modal administrations, as well as support and leadership from partner agencies and organizations. Guided by the strategies identified in this Plan, MDOT will continue working to meet bicycle and pedestrian use of state roadways and access to MTA transit services; to increase safety on Maryland roads through driver testing administered by the MVA, bus operator training provided by the MTA. While MDOT provides support and incentives to complementary local road and trail projects, leadership and commitment at the local level is essential to realizing the vision of this Plan. Support and partnership with other State, Federal, and regional agencies, in areas of planning, funding, design and enforcement, businesses, non-profits and other stakeholders in Maryland are also critical to comprehensively addressing bicycle and pedestrian needs.

Complete Streets Approach

MDOT is working to implement an integrated approach to all projects, in which bicycle and pedestrian needs will be considered and included as a part of all appropriate projects and policies. Dedicated programs, appropriate funding and well-trained staff to address bicycle and pedestrian needs will continue to be important factors to achieve a balanced network that serves all users. A first step, however, will be to ensure that pedestrian and bicycle travel options are considered as integral elements of the broader transportation network, so that project development efforts routinely advance the goals of this Plan and support MDOT's mission to provide a multimodal transportation system for Maryland.

Maryland's "Complete Streets" approach means that MDOT embraces a balanced approach that ensures the state transportation network addresses the needs of all users, regardless of travel mode. This means that all transportation projects will be mindful of improving streets for drivers, transit users, pedestrians, and bicyclists, making it safe and easy for people to walk and bike to and from transit stops and other travel destinations. The

Complete Streets approach recognizes that transportation modes are interdependent. For example, improving the productivity of transit helps reduce congestion for drivers, but may also require better bicycle and pedestrian access and connections to encourage transit use. It does not, however, mean that all users will have equal priority on all roadways. The objective, rather, is to promote the creation of an integrated multimodal transportation system that will allow people to choose the travel mode and pathway that best meets their needs for safe and efficient travel. The actions and ideas expressed in this plan are only part of this much broader Complete Streets policy and process.

What are "Complete Streets"?

Complete Streets are streets for everyone. They are designed and operated to enable safe access for all users. People of all ages and abilities are able to safely move along and across streets in a community, regardless of how they are traveling. Complete Streets make it easy to cross the street, walk to shops, and bicycle to work. They allow buses to run on time and make it safe for people to walk to and from train stations.⁷



Key Initiatives

Four key initiatives are identified as short-term implementation priorities. These initiatives are integral to advancing the Department's Complete Streets organizational culture, and will create a foundation for pursuing many of the strategies included in this Plan. The key initiatives will be important vehicles for ensuring that pedestrian and bicycle needs are ingrained in all projects and all users are provided safe, comfortable access to Maryland's transportation facilities.

Key Initiative 1: Tailor Approaches to Local Context

The 2035 MTP identified four transportation place types with corresponding investment direction and example strategies: Urban Centers, Towns and Suburban Centers, Rural and Agricultural Areas, and Natural Areas. Bicycle and pedestrian travel are very closely related to local context and appropriate approaches to supporting these modes varies depending on the context. MDOT has recognized this for many years through its commitment to context-sensitive design. This initiative is the next step in advancing the context-sensitive approach by recognizing more explicitly in departmental decision guides and processes that pedestrian and bicycle needs may need to be evaluated and accommodated differently in different place types. Based on stakeholder input and in support of State policy direction, initial focus for developing a tailored approach will focus on urban centers and main street areas.

Urban and Main Street Approach

The characteristics of urban centers and main streets make them both uniquely challenging and highly productive locations for bicycle and pedestrian travel. Urban centers have a higher density of people and a higher density of travel destinations leading to many short trips. This concentration puts particular demands on the transportation infrastructure, because of the number and type of transportation users. Many short trips occur, parking is often less available, last mile connections from transit are made by walking or biking, and more people are able to accomplish their daily needs without access to a vehicle.

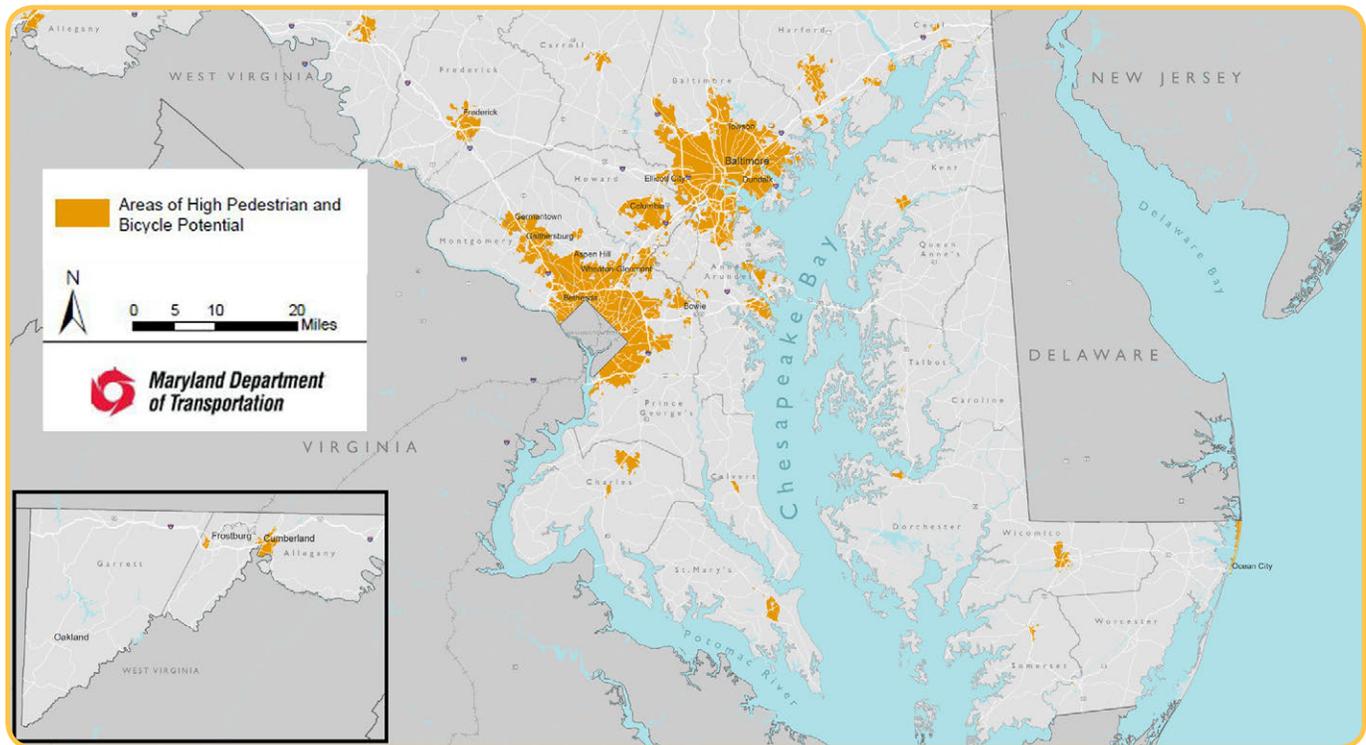
People accessing each of Maryland's urban centers and main streets travel from nearby neighborhoods, as well as suburbs, and other cities; they use every mode of transportation available, often in combination. There is very little "extra" space within the network of urban transportation, and supporting multimodal travel in these areas requires carefully balancing the needs of the many users and travel modes. Most pedestrian and bicycle crashes occur in these areas.

Thoughtful, targeted approaches to transportation decision-making in these high activity contexts will help maximize the benefits of improvement projects, meet the safety and mobility needs of residents and visitors who depend on walking and bicycling, and get the best results out of the inevitable tradeoffs necessitated by constrained urban rights of way. Managing urban, multimodal roadway environments requires tools and policies to make decisions based on impacts to all users.

MDOT's efforts to develop a tailored approach for urban centers and main streets may include:

- ◆ Amending roadway design and operations guidelines to facilitate bicycle- and pedestrian-friendly design, such as traffic calming, reduced signal spacing and enhanced intersection treatments.
- ◆ Emphasizing walking and biking in partnership with local agencies as part of private development review and permitting.
- ◆ Targeting safety programs, such as Pedestrian Roadway Safety Audits and implementing safety projects as funding allows.
- ◆ Prioritizing funding with programs designed to enhance bicycle and pedestrian accommodation.
- ◆ Helping local jurisdictions identify resources for planning, designing, building and maintaining bicycle and pedestrian facilities.
- ◆ Modifying traffic impact assessment standards to balance all travel modes appropriately.

Short Trip Opportunity Areas



As a first step toward developing a tailored approach for urban centers and main streets, a mapped analysis of Short Trip Opportunity Areas identifies areas of the State where such an approach may be most appropriate. The map may evolve through discussions with stakeholders and as the transportation place types identified in the 2035 MTP. The map identifies areas of the State with land use and household characteristics indicating high potential for short trips that could be accomplished by walking or biking. This map is based on the analysis of Activity Density presented in the Current Conditions section of this Plan, but also includes consideration of areas of the State where rates of household auto ownership are lower as this tends to support the need for short trips that can be accomplished using other transportation modes. The areas identified in the map make up approximately 8% of the State of Maryland, and represent over 80% of Maryland's bicycle and pedestrian crashes reported between 2006 and 2011.

Several criteria relating to existing land uses and household characteristics were used to identify these areas.

Short Trip Opportunity Criteria

| Criterion | Notes |
|---|--|
| Population Density | Higher population densities are directly related to increased levels of walking and bicycling due to reducing the distance between origins and destinations. |
| Employment Density | Jobs are a major driver of travel, and can help predict the amount of freight and vehicle commuting that must share the network with pedestrians and bicyclists. Higher job density provides concentrations of opportunities for people to walk or bike commute. |
| Transit Access | Walking and biking are the most common ways to access transit. |
| Density of household motor vehicle access | Households without access to a private vehicle depend on walking, biking, and transit for travel. |

| Criterion | Notes |
|---------------------|---|
| Access to Education | Schools, colleges and universities are major trip generators and college campuses have high rates of walking and bicycling. |

Each of these factors is a good predictor of bicycle and pedestrian demand, as well as travel demand in general; therefore they are also good indicators of mode conflict and high crash circumstances associated with urban centers and main streets.

The specific context, roadway users, and multimodal potential should be evaluated on a project specific basis to determine where an approach for urban centers and main streets should be applied. This map provides a reference point for considering the applicability of such an approach statewide.

Key Initiative 2: Pilot a Bicycle and Pedestrian Priority Areas (BPPA) Program

MDOT will pilot a Bicycle and Pedestrian Prioritization Area (BPPA) program to increase collaboration with local jurisdictions and support the development of connected bicycle and pedestrian networks in areas of the State most in need. In accordance with State law, the designation of BPPAs in consultation with local jurisdictions will help facilitate the targeting of available funds to areas of the State most in need. The BPPA Program will create a focused partnership between the State and local jurisdiction to plan and implement bicycle and pedestrian improvements within several small priority areas

BPPA Program

The BPPA Program is envisioned as a short-term cooperative program that will entail development of a plan and implementation of priority bicycle and pedestrian improvements, after which the BPPA designation will sunset. Designation as a BPPA would secure some funds for bicycle and pedestrian

improvements within a small area that could be provided through an MDOT multimodal team or MTA improvements to State facilities or through grant funds provided to the local partner to implement improvements off the State system.

Once an MDOT team designates an area as a BPPA, the State will work together with the local jurisdiction to develop a pedestrian and bicycle plan to identify and prioritize needed improvements and to evaluate local policies needed to maintain and support biking and walking. As outlined in the Annotated Code, these plans shall identify (1) physical changes to the State highway infrastructure to increase safety and access for bicycle and pedestrian travel; and (2) appropriate use of traffic control devices. Designation of a BPPA will entail dedication of some funding to implement priorities identified in the BPPA plan.

This process will emphasize cooperation and collaboration between the State and local jurisdictions to address bicycle and pedestrian opportunities. It recognizes the completeness of system connections as critical to the walking and bicycling experience and acknowledges the State's limited but important role in enhancing conditions off the State-controlled roadway system.

Besides helping to focus funding on places with demonstrated desire for pedestrian and bicycle improvements, the BPPA program structure will also foster ongoing cooperation between the State and local communities. The best bicycling and walking facilities connect origins and destinations in a direct manner with few gaps in comfortable facilities. The high level of cooperation and partnership that BPPA communities will have with MDOT recognizes that such connected networks of facilities must include both State and local facilities. The BPPA Program will help focus state and local partners on building high quality connected networks, as opposed to single, unconnected projects.

BPPA Designation

MDOT and SHA have begun developing a process and criteria for designating BPPAs. BPPA designations will not be limited to the identified Short Trip Opportunity Areas, though similar criteria may be used as part of the

screening. The criteria for designation may include

- ◆ Demand or potential for walking and biking based on existing land uses, household characteristics and proximity to existing trails or transit.
- ◆ Safety record and concerns.
- ◆ Demonstrated local commitment to supporting walkability and bikeability (e.g. Adopted legislation enacting a Complete Streets policy, Approved bicycle and pedestrian plan in place that identifies prioritized infrastructure needs, Active in Safe Routes to School program, Zoning and roadway design manual in place to support pedestrian and bicycle friendly development, Mechanism in place to maintain and install sidewalks, Development requirements include active transportation review and promote and prioritize walking and biking).
- ◆ Consistency with state and local policy priorities and designations, such as Maryland TOD designation, Sustainable Community designation, Arts & Entertainment District designation, Designated Maryland Main Street.

Key Initiative 3: Complete Streets Training

Complete Streets is the State of Maryland’s approach to “achieving an interconnected, multi-modal transportation network throughout Maryland that supports access and travel for all users.”⁷

MDOT is committed to planning and designing the transportation system to meet the needs of every community member, regardless of their age, ability, or how they travel. A key facet of this is ensuring that transportation planning and design professionals have the skills and understanding to design projects that serve the needs of all users.

Training offered to MDOT employees will be evaluated to ensure that current research and guidance related to Complete Streets concepts are incorporated and reinforced. Additionally, MDOT will increase training across the Department to ensure that all staff are trained in the Complete Streets approach, in a manner that is applicable to their job responsibilities. The field of bicycle and pedestrian facility design is rapidly evolving. New research and

Related Policies and Design Guidelines

Transportation Designers and Engineers have several manuals that they routinely consult to assist them in the design of the various bicycle and pedestrian projects. These resources include the following:

- ◆ SHA Accessibility Policy & Guidelines for Pedestrian Facilities along State Highways
- ◆ SHA Bicycle Policy and Design Guidelines
- ◆ SHA Transit Guidelines
- ◆ SHA Transit Oriented Development Guidelines and Plans
- ◆ FHWA Manual on Uniform Traffic Control Devices (MUTCD) Guidelines
- ◆ Transportation Research Board Highway Capacity Manual Guidelines
- ◆ AASHTO Highway Safety Manual
- ◆ Context Sensitive Solutions for work on Maryland Byways
- ◆ When Main Street is a State Highway
- ◆ Thinking Beyond the Pavement
- ◆ Flexibility in Highway Design
- ◆ Scenic Byways: A Design Guide for Roadside Improvements
- ◆ NACTO Urban Bikeway Design Guide
- ◆ NACTO Urban Street Design Guide

guidance on tools and treatments that improve safety and mobility is regularly updated. Frequent training is important to ensure that transportation professionals are applying the best available information and implementing improvements that promote safety and facilitate walking and bicycling. All training conducted by MDOT and its modal agencies should incorporate complete streets elements, including bicycle and pedestrian considerations to strengthen multimodal skills and decision making.

Complete Streets training for planners and engineers will address the technical design aspects of a Complete Streets approach as well as underlying rationales. The number of people walking and bicycling has increased over the last several years, and by most projections this increase will continue. However, not all of these new walkers and bicyclists will experience the transportation

system in the same way. Unlike driving in a car, bicyclists and pedestrians are much more sensitive to their immediate surroundings. Pedestrians and bicyclists have a wide range of abilities and different experience levels. Accordingly, design solutions that work in one context may not work in another and must consider the needs of a wide range of users. Training will address the range of users and need for outreach and communication with stakeholders.

Complete Streets training will include the following elements:

- ◆ Types of pedestrians and bicyclists, and different trip types
- ◆ Laws related to bicyclists and pedestrians
- ◆ Design, speeds, reaction times, vulnerability, etc.
- ◆ Crash types and causes of crashes
- ◆ Design resources (Maryland SHA Bicycle and Pedestrian Design Guidelines, AASHTO Bicycle and Pedestrian Design Guides, NACTO, etc.)
- ◆ Travel behavior and mode choice
- ◆ Access to transit and transit stop design
- ◆ Street network design
- ◆ Intersection design
- ◆ Pedestrian facility design
- ◆ On- and off-road bicycle facility design
- ◆ Innovative bicycle facilities (e.g. bike boxes, bike signals, cycletracks)
- ◆ Bike parking design

Where possible, trainings will couple coursework with practical exercises and field evaluation in a variety of settings. Field training can cultivate an enhanced awareness and understanding of interactions between modes and considerations for bicycle and pedestrian planning.

MDOT will also encourage key partners to develop the skills needed to plan and design local facilities with the same priorities, and will seek to provide leadership in this regard. Local support is critical because local roads and

trails are important elements of the statewide multi-modal transportation network. MDOT will seek opportunities to support or provide training to local transportation and planning staff, elected officials, professionals, and others with an interest in complete streets.

Key Initiative 4: Improve Bicycle and Pedestrian Needs Assessment

Strive to accommodate “interested but concerned” cyclists and increase pedestrian comfort

Achieving the vision for increased walking and biking in Maryland will require providing facilities that feel comfortable, safe and inviting to all users. Over the last decade, the State has made significant progress in developing policies to provide bicycle and pedestrian accommodation as a routine element of road improvements. However, depending on the roadway speed, level of traffic, physical environment, and individual preferences, basic accommodation may not be sufficient to attract bikers and walkers.

Moving forward, MDOT will strive to develop networks that meet a broader range of cyclist and pedestrian needs. Due to limited right-of-ways, budgets and conflicting needs, in many cases it won't be possible to meet every users needs. However, MDOT will work to improve the evaluation of bicycle and pedestrian needs in order to support balanced decisions and trade-offs. The State will continue to work on improving its evaluation criteria and methodology for bicycle and pedestrian needs to support fully informed Complete Streets decision-making. This will require continuing dialogue with the public to understand what types of facilities are needed to attract more users, and supplementing existing methods used to evaluate bicycle and pedestrian needs and progress. Many tools have been created to assist community members, transportation professionals and others who might be involved in planning for safe walking and bicycling travel. Some assessment tools work best evaluating smaller local projects while others work best when assessing conditions at a regional or statewide level. Key areas for enhancing analysis of bicycle and pedestrian needs include:

- ◆ **Developing different evaluations for rural and urban roadways** – What may be considered appropriate in rural areas, may not meet the needs of bicyclists and pedestrians in urban parts of the State. This is due to the significant differences in traffic speeds, land uses, built environment and topography, and available right of way. To this end, facilities in different land use contexts should be evaluated differently.
- ◆ **Calibrating bicycle evaluation to less confident cyclists** –The State currently utilizes the Bicycle Level of Comfort (BLOC) model to help determine which roads have the greatest need for bicycle focused improvements. This tool is generally appropriate to assess on-road conditions and facilities for cyclists who are comfortable with the idea of riding on the street. However, this methodology does not account for variations in bicyclists’ level of experience (i.e. novice, enthusiastic but concerned, expert and fearless). Additionally, this methodology does not account for conditions on off-street and separated facilities (ex. paths, trails, cycle tracks, etc.) which may be preferred by more novice riders. Other available measures should be used to better account for bicyclists’ experience as well as conditions throughout separated and off-street facilities.
- ◆ **Measuring pedestrian comfort factors** such as crossing distance, intersection spacing and buffer from traffic will be important to understand the conditions of the statewide pedestrian network. Currently, the State analyzes ADA compliance to understand conditions within its existing pedestrian network. While this is a great tool to understand where gaps or barriers are present, ADA compliance does not however, help understand level of comfort. Existing tools such as the Pedestrian Level of Service (PLOS) could help bridge that void and help understand a person’s experience while walking along state roadways. This in turn, could help the State further prioritize its efforts in promoting comfortable walking conditions throughout its roadways.

While MDOT, continues to use ADA compliance and BLOC as conditions assessment tools, it has also started evaluating other tools to complement their assessment of state roadways. It has also continued to promote new initiatives to understand and share data related to roadway conditions with the public. As data collection methods and GIS data have become more complex, MDOT is working to incorporate additional ways of understanding roadway conditions will help prioritize

The Bicycle Level of Comfort (BLOC) provides an assessment of bicycling conditions throughout various roadway segments. By measuring different characteristics of a roadway, this model provides results on the level of service and compatibility of that particular roadway.

The Pedestrian Level of Service (PLOS) provides a fine grained assessment of a person’s experience walking along the roadway. Because new cyclists tend to ride more slowly, and tend to use off-street facilities more, the PLOS tool may be a reasonable proxy to measure the quality of the accommodation.

improvements and promote projects that improve bicycle and pedestrian conditions for all users. The safety and comfort of bicyclists and pedestrians is an important but complex issue, and the State will continue to improve the tools it uses to understand conditions for bicycling and walking.



Coordination and Partnership

MDOT plays a crucial role in organizing the key partnerships that will make this Plan successful. It serves as the liaison between various state agencies and to the federal level. It also coordinates with local and regional governments on bicycle and pedestrian issues, programs, and projects. In many cases, local communities desire to improve their bicycling and walking conditions, and rely on the State as a partner to help identify funding sources, connect networks along and across State facilities, and provide accurate data for prioritization and assessment. Finally, MDOT has responsibilities outside of transportation in coordinating with the public health community, employers, developers, and advocacy organizations. Some key areas where coordination and partnership will help advance the goals of this Plan include:

- ◆ Collect, coordinate and share data that is necessary for common bicycle and pedestrian related analyses.
- ◆ Aggregate and disseminate good information about the benefits of walking and bicycling.
- ◆ Serve in an advisory role to local jurisdictions, providing technical assistance and guidance in support of state policies.
- ◆ Use statewide data to point out key network gaps to local areas and coordinate connection of local and State bicycle and pedestrian networks.
- ◆ Communicate the innovative solutions being implemented between jurisdictions facing similar situations in different locations across the State.
- ◆ Continue to strengthen consideration of bicycle and pedestrian infrastructure in review of local plans and priorities, including the recommendation of TOD and Sustainable Community designations.
- ◆ Coordinate the efforts of local transit operators to support consistent bicycle and pedestrian amenities and last-mile connectivity across connecting systems.
- ◆ Work with other State agencies to implement plans, practices, policies and regulations that support and encourage bicycle and pedestrian improvements

Coordinating New Pedestrian Facilities in Easton

SHA is responsible for managing many roads throughout the state that serve as main streets and play important roles in local bicycle and pedestrian networks. Cooperation and coordination between SHA and local communities is essential. Local comprehensive plans are a key tool for identifying needed pedestrian facilities on state roads. To make this information easily accessible when potential funding opportunities arise,

SHA's regional planner and local staff in the Town of Easton coordinated during the update to Easton's local comprehensive plan to lay the groundwork for pedestrian improvements on State roads through the Town. SHA provided data related to pedestrian facilities for state roads. Local planners combined this with local data for local roads to develop a GIS map showing existing sidewalk infrastructure for the full road network in Easton. The map helped the community to identify critical pedestrian network gaps and priorities. These gaps and priorities were then specifically included in the Town's comprehensive plan. Close coordination between State and local staff helped ensure that Easton's GIS data could be easily integrated with State data for use by SHA. The specific improvements called for in the comprehensive plan helps SHA ensure that developers fill gaps in sidewalks along State roads in Easton, as a condition of development. The comprehensive plan also helped Easton secure installation of five crosswalks across US 50.

This concerted effort at local cooperation from SHA and local planning staff helped streamline the planning process and ensure that needed pedestrian improvements were prioritized, documented and communicated in a format that led to implementation.

Funding

In support of MDOT's mission to provide a balanced, multimodal transportation system and guided by the framework established by this Plan, MDOT will continue to fund bicycle and pedestrian improvements through both dedicated funding programs and as an integral part of broader transportation projects. MDOT's Consolidated Transportation Program is developed each year for approval by the State General Assembly and the Governor. Through the State Report on Transportation, MDOT demonstrates that funding levels reflect the priorities and mission of the MTP and support broader State policies. MDOT will review funding programs and make any needed adjustments to ensure that funds are available to advance the goals, objectives and strategies of this Plan, and to support a steady pipeline for priority projects to advance from planning through design, construction, evaluation and maintenance.

Many of the objectives and strategies identified in this Plan will require significant investments of time by both MDOT staff and partners to coordinate, plan, educate, promote and evaluate bicycle and pedestrian needs, but may not require large capital investments. While other objectives and strategies, particularly those related to building and improving the physical infrastructure for cycling and walking will require significant investment of transportation resources over time.

Beyond funding available through the State Transportation Trust Fund, Statewide planning initiatives create opportunities to cross-leverage public and private investment to support bicycle and pedestrian travel. Other State agency funding programs that can support bicycle and pedestrian projects include the Maryland Heritage Areas Authority, Community Legacy Program, and Program Open Space. Many communities in Maryland have successfully used these funds to support bicycle and pedestrian projects. Additionally, federal agencies, including the US Department of Transportation, Environmental Protection Agency, Department of Housing and Community Development, and Department of Interior provide funding and technical assistance directly to communities that can support bicycle and pedestrian improvements.

Finally, Maryland can continue to learn from other communities about innovative approaches to bicycle and

pedestrian funding. In Colorado, for example, recreational paths and trails are funded through stormwater management projects, due to their ability to help control runoff. In Michigan, the Central Michigan District Health Department awarded grants to 13 municipalities through the "Together We Can Transform Communities Initiative." These funds will be used to create master plans for bicycle and pedestrian improvements. The non-profit conservation organization the National Fish and Wildlife Federation, in cooperation with the Environmental Protection Agency, awarded more than \$2.2 million in 2012 in its local Government Green Infrastructure Initiative. These funds included a grant of \$150,000 dollars to the city of Cambridge, Maryland to incorporate green infrastructure and stormwater management into the revitalization of two main street thoroughfares.

Monitoring Performance

MDOT will monitor progress toward the goals of this Plan through several performance measures. MDOT reports agency performance annually through the Attainment Report, submitted to the General Assembly as part of the State Report on Transportation. Likewise, SHA maintains a business plan with clearly defined goals, objectives, and performance measures. The performance measures establish trends over time that are used to evaluate progress and identify areas needing attention. Achieving these goals depends on the continuing commitment within MDOT and its modal administrations as well as critical partnerships with agencies at all levels of government.

The following performance measures are all quantitative, measurable metrics and important indicators for the Plan's goals. Some of these measures are currently tracked and reported, while others are new measures recommended to comprehensively measure progress toward the goals of this Plan. New recommended measures may take some time to begin tracking, as they may require collection and compilation of new data. New measures may be appropriate to include in the Attainment Report after their performance tracking is established.

Performance Measures

| Goal | Measures | Lead MDOT Administration |
|--|---|--------------------------|
| 1. Build Connected Networks Expand walking and bicycling networks, remove barriers, and enhance connections with transit and travel destinations. | Number of sidewalk miles constructed and reconstructed along state owned roadways | SHA |
| | Percent reduction in sidewalk gaps along state owned roadways* | SHA |
| | Number of directional miles of state owned roadway with marked bicycle facilities (bicycle lane, sharrows) | SHA |
| | Number of miles of shared-use transportation trails constructed with state funding* | SHA, MDOT |
| | Number of MTA and locally operated transit buses equipped with bike racks* | MTA |
| 2. Improve Safety Enhance pedestrian and bicycle safety to reduce injuries and fatalities and to make walking and biking comfortable and inviting. | Annual number of bicycle fatalities and injuries on all roads in Maryland | SHA, MVA |
| | Annual number of pedestrian fatalities and injuries on all roads in Maryland | SHA, MVA |
| 3. Plan and Design for Everyone Effectively balance the needs of all transportation users to promote travel choices, ensuring that bicyclists and pedestrian needs are prioritized in appropriate locations. | Percent of state owned roadway with a bicycle level of comfort (BLOC) D or better | SHA |
| | Percent of state owned roadway with a bicycle level of comfort (BLOC) C or better* | SHA |
| | Percent of sidewalks along state owned roadways that are ADA compliant | SHA |
| 4. Strengthen Communities Partner with local governments to support walkable and bikeable communities and to achieve sustainability, livability, health, and economic benefits. | Percent of state owned roadways within urban areas with sidewalks or sidepaths | SHA |
| | Percent of eligible state owned roadways within 1 mile of transit stations with sidewalks | SHA |
| | Percent of eligible state owned roadways within 3 miles of transit stations with marked bicycle facilities (bicycle lane, sharrows) | SHA |
| 5. Promote Walking and Biking in Maryland Support walking and biking everyday modes of transportation and recreation through encouragement, marketing and information. | Number of bicycle and pedestrian trips counted on key indicator facilities* | SHA, MDOT |
| | Bicycle parking capacity at transit stations and Park & Ride lots, covered and uncovered* | MTA, WMATA |

New recommended measures are indicated with an asterisk. Measures recommended for reporting in the Annual Attainment Report are in bold text.

In addition to the annual performance measurement processes, MDOT will continue to engage and seek input from stakeholders regarding bicycle and pedestrian improvements. MDOT consults monthly with the Maryland Bicycle and Pedestrian Advisory Committee. This group, appointed by the Governor, advises the MDOT Secretary on issues related to biking and walking, and is an important resource for monitoring progress toward the goals of this Plan. In addition, MDOT will continue efforts to seek project-based input from stakeholders and engage in local planning efforts to support bicycle and pedestrian improvements.

Finally, as directed by law, this Plan will be reviewed and updated every five years concurrent with each update of the MTP. These updates will provide opportunities to collect feedback from partners and stakeholders, incorporate new issues and priorities into the framework, and reflect progress and accomplishments at regular intervals.



Maryland Bicycle and Pedestrian Advisory Committee (MBPAC)

The MBPAC advises the MDOT Secretary on issues directly related to bicycling and pedestrian activity including funding, public awareness, safety and education.

The twenty-two member committee is appointed by the Governor, combining the experience of citizens with the expertise of State officials. Committee members represent geographical regions throughout Maryland and serve on four subcommittees that focus on different aspects of biking and walking while engaging a wide variety of stakeholders.

Some of the recent activities of the MPBAC include:

- ♦ Conducted a survey of student travel behavior and made key recommendations on how to get more kids to bike and walk to school safely.
- ♦ Recommended the use of new signage on State roadways to increase bicyclist safety.
- ♦ Provided recommendations to study how best to incorporate bicycle and pedestrian facilities into the Purple Line light-rail project.
- ♦ Conducted safety and education programs for biking and walking including publishing a *Bicycling Guide for Adults*.

The MPBAC provides valuable input to MDOT regarding biking and walking matters, and supports sharing of information between state agencies, citizen organizations and individuals. For more information on the MBPAC please visit MDOT's website.

Endnotes

- 1 § 2-604 (b) of the Transportation Volume of the Annotated Code of Maryland states, "The Statewide 20-Year Bicycle-Pedestrian Master Plan shall be reviewed and updated each year that the Maryland Transportation Plan, as described in § 2-103.1 of this title, is revised."
- 2 *Bicycling and Walking in the United States:2012 Benchmarking Report Facts Sheet*. Accessed from http://www.peoplepoweredmovement.org/site/images/uploads/Media_Fact_Sheet_-_Benchmarking_2012.pdf on August 12, 2013
- 3 *Great Allegheny Passage. Trail Town Economic Impact Study*. Accessed from http://www.atatrail.org/docs/GAP_Economic_Impact_Study_Phase1.pdf on May 13, 2013.
- 4 Traffic crash data is traditionally collected by state or local police who respond to any incidents. Bicycle and pedestrian crashes that do not involve a motor vehicle, are not reported to police or take place in locations other than public streets are not included in this data set. It should be noted that this data relies on local police reporting practices, and a variety of factors can influence the accuracy crash reports. The data used for this analysis has limitations. Of the almost 8,000 bicycle crash records compiled in the Maryland Automated Accident Reporting System (MAARS), only 71 percent include data providing a geographic location that can be used for mapping. Because data describing overall levels of bicycle and pedestrian activity is not available, crash rates per trip cannot be calculated. As a result, it cannot be determined whether increases or decreases in crashes over time represents a change in crash rates or a change in overall activity levels.
- 5 *Maryland Automated Accident Reporting System. Bicycle Crash Data 2006-2011*.
- 6 *National Highway Traffic Safety Administration's National Center for Statistics and Analysis, Traffic Safety Facts 2010 Data*, August 2012. <http://www-nrd.nhtsa.dot.gov/Pubs/811625.PDF>
- 7 *Maryland Automated Accident Reporting System. Pedestrian Crash Data 2006-2011*.
- 8 Dill, Jennifer; Handy, Susan L; Pucher, John. *How to Increase Bicycling for Daily Travel*. Active Living Research. Research Brief. May 2013. Accessed from http://activelivingresearch.org/files/ALR_Brief_DailyBikeTravel_May2013.pdf on August 27, 2013.
- 7 *National Complete Streets Coalitions: Smart Growth America*
- 8 *Boulder, Colorado's Greenways Program provides recreation and transportation opportunities along Boulder Creek and its 15 major tributaries* (<https://bouldercolorado.gov/water/greenways-program>)



Appendices



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